

# CHINMAYA GEETA FEST - 2022

Bhagwad Geeta Chapter - III

**KARMA YOGAH**

The Yoga of Action



**CHANT GEETA**



**ENCHANT KRISHNA**

Geeta Chanting for Children and Elders | Essay Writing | Video Quiz

**CHINMAYA MISSION MULUND**

[www.chinmayamissionmulund.com](http://www.chinmayamissionmulund.com)

## CHINMAYA GEETA FEST – 2022

Respected Principals / Parents,  
Hari OM!

Inspired and initiated by Param Pujya Swami Chinmayanandaji, the Chinmaya Mission under the guidance of Pujya Swami Swaroopanandaji has been organizing the Geeta Fest, throughout the world. Every year lakhs of children chant the Bhagawad Geeta. This year, the third chapter: Karma-Yogaḥ - THE YOGA OF ACTION, has been selected for the competition. Chanting of Geeta will improve the pronunciation skill and memory power of your child.

**This Geeta Fest-2022 is meant for children from nursery, junior KG up to Std. X. Children have to chant the shlokas by heart i.e. without seeing the book in preliminary rounds and final rounds.**

### GROUPING AND PORTIONS: III<sup>RD</sup> CHAPTER

GROUP	STANDARD	PRELIMINARY ROUND & FINAL ROUND	NO. OF SHLOKAS
A	Nursery, Jr. KG & Sr. KG	1 to 5	5
B	I <sup>st</sup> & II <sup>nd</sup>	1 to 10	10
C	III <sup>rd</sup> & IV <sup>th</sup>	1 to 16	16
D	V <sup>th</sup> & VI <sup>th</sup>	15 to 35	21
E	VII <sup>th</sup> , VIII <sup>th</sup> , IX <sup>th</sup> & X <sup>th</sup>	17 to 43	27

### CRITERIA FOR JUDGEMENT

The following shall be the criteria for the **Preliminaries**:

Memory	Pronunciation	Presentation & Overall Effect	Total
50 marks	40 marks	10 marks	100 marks

The following shall be the criteria for the **Finals**:

Memory	Pronunciation	Presentation & Overall Effect	Total
30 marks	50 marks	20 marks	100 marks

## **Definitions of Terms of the Criteria for Judgment:**

1. **Memory:** This is the ability to chant the specified portions as required by the panel of judges without any break, hesitations or confusions.
2. **Pronunciation:** The ability to chant the verses in consonance with the **Chinmaya Geeta Chanting Learning Aid.**
3. **Presentation & Overall effect:** Refers to devotional bhava (right attitude and feeling) and the overall effect on the listener, including posture, confidence, mannerism, sincerity of efforts, etc.
4. Break-up of the verses should be as per the Learning Aid.
5. Tune is not a criteria for judgment.

## **GENERAL INSTRUCTIONS**

1. Registration fee for Geeta Chanting Competition is Rs.30/- on payment of which the book will be given free of cost.
2. Depending on the group you belong to, please download the respective learning aid audio file from our website:  
**[www.chinmayamissionmulund.com/geeta-chanting-competition/](http://www.chinmayamissionmulund.com/geeta-chanting-competition/)**
3. Submission of Enrolment Form is compulsory for participating in the Chinmaya Geeta Chanting Competition 2022. Please fill the Enrolment Form and submit to the respective Teacher/Geeta Sevika/Sevak.
4. All the participants will be given PARTICIPATION CERTIFICATES and the winners will be given prizes STANDARD-WISE.
5. Preliminary round of Geeta Chanting Competition will be on 13<sup>th</sup> Nov 2022 and final round on 27<sup>th</sup> Nov 2022.
6. The results for final round of Geeta Chanting Competition will be declared on 3<sup>rd</sup> Dec 2022 on the auspicious occasion of Geeta Jayanti and Swami Tapovana Maharaja Jayanti.

**CHINMAYA MISSION shall have the right to alter or cancel any of the programmes. The decision of the judges will be final and binding in all the rounds of the competition.**

# GEETA CHANTING FOR ELDERS-2022

## 3<sup>RD</sup> CHAPTER - Karma-Yogah

### PRELIMINARY ROUND

ON SUNDAY, 6<sup>th</sup> NOVEMBER 2022, 9.30 AM to 12.00 NOON

VENUE: CHINMAYA SHREERAM

#### GROUPING AND PORTIONS:

Group	Age	Shlokas for Preliminary Round	Shlokas for Final Round	No. of Shlokas
F	16 to 35	15-35 (Seeing the book)	15-35 (By heart)	21
G	36 to 55	20-43 (Seeing the book)	20-43 (By heart)	24
H	56 & above	1-16 (Seeing the book)	1-16 (By heart)	16

#### CRITERIA FOR JUDGMENT:

Rounds	Memory	Pronunciation	Presentation & Overall Effect	Total
Preliminary	-	70	30	100
Finals	50	40	10	100

#### Rules:

- 1) Registration fee for Geeta Chanting Competition is Rs.50/- on payment of which the book will be given free of cost. Registration forms are available at Chinmaya Shreeram.
  - 2) Depending on the group you belong to, please download the respective audio file from the website:  
[www.chinmayamissionmulund.com/geeta-chanting-competition/](http://www.chinmayamissionmulund.com/geeta-chanting-competition/)
  - 3) Bhagawad Geeta book can be used for preliminary round while the participant should by heart all the verses for final round.
  - 4) Last date of registration is 31<sup>st</sup> Oct 2022.
  - 5) Guidance will be provided to the participants. Contact us for the same.
  - 6) Tune is not the criteria for judgment. Verses should be chanted in consonance with the learning aid only.
  - 7) The final round will be on 20<sup>th</sup> Nov 2022.
  - 8) Last year's FIRST PRIZE winner should NOT participate this year.
- Contact: Vasantha Balan – 8879717030, Lakshmi Kumar – 9820590472  
Chinmaya Shreeram – 022 – 25671381 (5.00 pm to 7.30 pm)

# CHINMAYA GEETA ESSAY COMPETITION-2022

## THIRD CHAPTER - Karma-Yogaḥ

IN ENGLISH, MARATHI, KANNADA & TAMIL

ON 27<sup>TH</sup> NOVEMBER 2022, SUNDAY

11.00 AM TO 12.30 NOON

VENUE: FRIENDS' ACADEMY, L. B. S. MARG, OPP. VASANT  
OSCAR, MULUND (W), MUMBAI - 80.

### RULES:

- 1) Any individual aged 16 and above can participate.
- 2) Registration form fee for Chinmaya Geeta Essay Competition is Rs. 100/-.
- 3) Registration forms are available at Chinmaya Shreeram. Study material for the competition will be given free of cost. *On registration participants will get the topics for the essay competition.*
- 4) The essay is to be written on one of the two topics given on the day of the competition.
- 5) The essay should be typically of 800-1000 words, in the language you opt for in your form.
- 6) You have to carry the hall ticket during the day of competition.
- 7) Please bring your pen, clip board etc as per your requirement. The answer paper will be given by Chinmaya Mission.
- 8) Last date of registration is 14<sup>th</sup> Nov 2022.
- 9) Last year's FIRST PRIZE winner should NOT participate this year.
- 10) Guidance on 3<sup>rd</sup> chapter will be provided to the participants.
- 11) Criteria for judgment –

Matter	Language	Presentation	Clarity
60%	20%	10%	10%

For more details contact:

For Marathi, Vaijayanti Sanzgiri – 022-25636402

For English and Tamil, Vasantha Balan - 8879717030

For Kannada, Girija Shetty – 022-25679249

। ॐ श्री परमात्मने नमः ।

। अथ तृतीयोऽध्यायः ।

। कर्मयोगः ।

अर्जुन उवाच ।

ज्यायसी चेत्कर्मणस्ते  
तत्किं कर्मणि घोरे मां

मता बुद्धिर्जनार्दन ।  
नियोजयसि केशव ॥ १ ॥

व्यामिश्रेणेव वाक्येन  
तदेकं वद निश्चित्य

बुद्धिं मोहयसीव मे ।  
येन श्रेयोऽहमाप्नुयाम् ॥ २ ॥

श्रीभगवानुवाच ।

लोकेऽस्मिन् द्विविधा निष्ठा  
ज्ञानयोगेन साङ्गानां

पुरा प्रोक्ता मयानघ ।  
कर्मयोगेन योगिनाम् ॥ ३ ॥

न कर्मणामनारम्भात्  
न च सन्न्यसनादेव

नैष्कर्म्यं पुरुषोऽश्रुते ।  
सिद्धिं समधिगच्छति ॥ ४ ॥

| om śrīparamātmāne namaḥ |

| atha tṛtīyo'dhyāyaḥ |

| karma yogah |

arjuna uvāca

jyāyasī cetkarmaṇaste  
matā buddhirjanārdana  
tatkiṁ karmaṇi ghore mām  
niyojayasi keśava || 1 ||

vyāmiśreṇeva vākyena  
buddhiṁ mohayasīva me  
tadekaṁ vada niścitya  
yena śreyo'hamāpnuyām || 2 ||

śrībhagavānuvāca

loke'smin dviddhā niṣṭhā  
purā proktā mayānagha  
jñānayogena sāṅkhyānām  
karmayogena yoginām || 3 ||

na karmaṇāmanārambhāt  
naiṣkarmyaṁ puruṣo'śnute  
na ca sannyasanādeva  
siddhiṁ samadhigacchati || 4 ||

न हि कश्चित्क्षणमपि कार्यते ह्यवशः कर्म	जातु तिष्ठत्यकर्मकृत् । सर्वः प्रकृतिजैर्गुणैः ॥ ५ ॥
कर्मेन्द्रियाणि संयम्य इन्द्रियार्थान्विमूढात्मा	य आस्ते मनसा स्मरन् । मिथ्याचारः स उच्यते ॥ ६ ॥
यस्त्विन्द्रियाणि मनसा कर्मेन्द्रियैः कर्मयोगम्	नियम्यारभतेऽर्जुन । असक्तः स विशिष्यते ॥ ७ ॥
नियतं कुरु कर्म त्वं शरीरयात्रापि च ते	कर्म ज्यायो ह्यकर्मणः । न प्रसिद्ध्येदकर्मणः ॥ ८ ॥
यज्ञार्थात्कर्मणोऽन्यत्र तदर्थं कर्म कौन्तेय	लोकोऽयं कर्मबन्धनः । मुक्तसङ्गः समाचर ॥ ९ ॥
सहयज्ञाः प्रजाः सृष्ट्वा अनेन प्रसविष्यध्वम्	पुरोवाच प्रजापतिः । एष वोऽस्त्विष्टकामधुक् ॥ १० ॥



na hi kaścitkṣaṇamapi  
jātu tiṣṭhatyakarmakṛt  
kāryate hyavaśaḥ karma  
sarvaḥ prakṛtijairguṇaiḥ || 5 ||

karmendriyāṇi saṁyamya  
ya āste manasā smaran  
indriyārthānvimūḍhātmā  
mithyācāraḥ sa ucyate || 6 ||

yastvindriyāṇi manasā  
niyamyārabhate'rjuna  
karmendriyaiḥ karmayogam  
asaktaḥ sa viśiṣyate || 7 ||

niyataṁ kuru karma tvaṁ  
karma jyāyo hyakarmaṇaḥ  
śarīrayātrāpi ca te  
na prasiddhyedakarmaṇaḥ || 8 ||

yajñārthātkarmaṇo'nyatra  
loko'yaṁ karmabandhanaḥ  
tadārthaṁ karma kaunteya  
muktasaṅgaḥ samācara || 9 ||

sahayajñāḥ prajāḥ sṛṣṭvā  
purovāca prajāpatih  
anena prasaviṣyadhvam  
eṣa vo'stviṣṭakāmadhuk || 10 ||

देवान्भावयतानेन परस्परं भावयन्तः	ते देवा भावयन्तु वः । श्रेयः परमवाप्स्यथ ॥ ११ ॥
इष्टान्भोगान्हि वो देवाः तैर्दत्तानप्रदायैभ्यः	दास्यन्ते यज्ञभाविताः । यो भुङ्क्ते स्तेन एव सः ॥ १२ ॥
यज्ञशिष्टाशिनः सन्तः भुञ्जते ते त्वघं पापाः	मुच्यन्ते सर्वकिल्बिषैः । ये पचन्त्यात्मकारणात् ॥ १३ ॥
अन्नाद्भवन्ति भूतानि यज्ञाद्भवति पर्जन्यः	पर्जन्यादन्नसम्भवः । यज्ञः कर्मसमुद्भवः ॥ १४ ॥
कर्म ब्रह्मोद्भवं विद्धि तस्मात्सर्वगतं ब्रह्म	ब्रह्माक्षरसमुद्भवम् । नित्यं यज्ञे प्रतिष्ठितम् ॥ १५ ॥
एवं प्रवर्तितं चक्रं अघायुरिन्द्रियारामः	नानुवर्तयतीह यः । मोघं पार्थ स जीवति ॥ १६ ॥

devānbhāvayatānena  
te devā bhāvayantu vaḥ  
parasparam bhāvayantaḥ  
śreyaḥ paramavāpsyatha || 11 ||

iṣṭānbhogānhi vo devāḥ  
dāsyante yajñabhāvitāḥ  
tairdattānapradāyaibhyaḥ  
yo bhunkte stena eva saḥ || 12 ||

yajñaśiṣṭāśinaḥ santaḥ  
mucyante sarvakilbiṣaiḥ  
bhuñjate te tvagham pāpāḥ  
ye pacantyātmakāraṇāt || 13 ||

annādbhavanti bhūtāni  
parjanyaḍannasambhavaḥ  
yajñādbhavati parjanyaḥ  
yajñaḥ karmasamudbhavaḥ || 14 ||

karma brahmodbhavam viddhi  
brahmākṣarasamudbhavam  
tasmātsarvagataḥ brahma  
nityam yajñe pratiṣṭhitam || 15 ||

evam pravartitam cakram  
nānuvartayatīha yaḥ  
aghāyurindriyārāmaḥ  
mogham pārtha sa jīvati || 16 ||

यस्त्वात्मरतिरेव स्यात्

आत्मतृप्तश्च मानवः ।

आत्मन्येव च सन्तुष्टः

तस्य कार्यं न विद्यते ॥ १७ ॥

नैव तस्य कृतेनार्थः

नाकृतेनेह कश्चन ।

न चास्य सर्वभूतेषु

कश्चिदर्थव्यपाश्रयः ॥ १८ ॥

तस्मादसक्तः सततं

कार्यं कर्म समाचर ।

असक्तो ह्याचरन्कर्म

परमाप्नोति पूरुषः ॥ १९ ॥

कर्मणैव हि संसिद्धिम्

आस्थिता जनकादयः ।

लोकसङ्ग्रहमेवापि

सम्पश्यन्कर्तुमर्हसि ॥ २० ॥

यद्यदाचरति श्रेष्ठः

तत्तदेवेतरो जनः ।

स यत्प्रमाणं कुरुते

लोकस्तदनुवर्तते ॥ २१ ॥

न मे पार्थास्ति कर्तव्यं

त्रिषु लोकेषु किञ्चन ।

नानवाप्तमवाप्तव्यं

वर्त एव च कर्मणि ॥ २२ ॥

yastvātmaratireva syāt  
ātmatṛptaśca mānavaḥ  
ātmanyeva ca santuṣṭaḥ  
tasya kāryam na vidyate || 17 ||

naiva tasya kṛtenārthaḥ  
nākṛteneha kaścana  
na cāsya sarvabhūteṣu  
kaścidarthavyapāśrayaḥ || 18 ||

tasmādasaktaḥ satataṁ  
kāryam karma samācara  
asakto hyācarankarma  
paramāpnoti pūruṣaḥ || 19 ||

karmaṇaiva hi saṁsiddhim  
āsthitā janakādayaḥ  
lokasaṅgrahamevāpi  
sampaśyankartumarhasi || 20 ||

yadyadācarati śreṣṭhaḥ  
tattadevetaro janaḥ  
sa yatpramāṇam kurute  
lokastadanuvartate || 21 ||

na me pārthāsti kartavyam  
triṣu lokeṣu kiñcana  
nānavāptamavāptavyam  
varta eva ca karmaṇi || 22 ||

यदि ह्यहं न वर्तेयं  
मम वर्त्मानुवर्तन्ते  
जातु कर्मण्यतन्द्रितः ।  
मनुष्याः पार्थ सर्वशः ॥ २३ ॥

उत्सीदेयुरिमे लोकाः  
सङ्करस्य च कर्ता स्याम्  
न कुर्यां कर्म चेदहम् ।  
उपहन्यामिमाः प्रजाः ॥ २४ ॥

सक्ताः कर्मण्यविद्वांसः  
कुर्याद्विद्वांस्तथासक्तः  
यथा कुर्वन्ति भारत ।  
चिकीर्षुर्लोकसङ्ग्रहम् ॥ २५ ॥

न बुद्धिभेदं जनयेत्  
जोषयेत्सर्वकर्माणि  
अज्ञानां कर्मसङ्गिनाम् ।  
विद्वान्युक्तः समाचरन् ॥ २६ ॥

प्रकृतेः क्रियमाणानि  
अहङ्कारविमूढात्मा  
गुणैः कर्माणि सर्वशः ।  
कर्ताहमिति मन्यते ॥ २७ ॥

तत्त्ववित्तु महाबाहो  
गुणा गुणेषु वर्तन्ते  
गुणकर्मविभागयोः ।  
इति मत्वा न सज्जते ॥ २८ ॥

yadi hyaham na varteyam  
jātu karmaṇyatandritaḥ  
mama vartmānuvartante  
manuṣyāḥ pārtha sarvaśaḥ || 23 ||

utsīdeyurime lokāḥ  
na kuryām karma cedaham  
saṅkarasya ca kartā syām  
upahanyāmimāḥ prajāḥ || 24 ||

saktāḥ karmaṇyavidvāmsaḥ  
yathā kurvanti bhārata  
kuryādvidvāmstathāsaktaḥ  
cikīrṣurlokasaṅgraham || 25 ||

na buddhibhedam janayet  
ajñānām karmasaṅginām  
joṣayetsarvakarmāṇi  
vidvānyuktaḥ samācaram || 26 ||

prakṛteḥ kriyamāṇāni  
guṇaiḥ karmāṇi sarvaśaḥ  
ahaṅkāravimūḍhātmā  
kartāhamiti manyate || 27 ||

tattvavittu mahābāho  
guṇakarmavibhāgayoḥ  
guṇā guṇeṣu vartante  
iti matvā na sajjate || 28 ||

प्रकृतेर्गुणसम्मूढाः सज्जन्ते गुणकर्मसु ।  
तानकृत्स्नविदो मन्दान् कृत्स्नविन्न विचालयेत् ॥ २९ ॥

मयि सर्वाणि कर्माणि सन्न्यस्याध्यात्मचेतसा ।  
निराशीर्निर्ममो भूत्वा युध्यस्व विगतज्वरः ॥ ३० ॥

ये मे मतमिदं नित्यम् अनुतिष्ठन्ति मानवाः ।  
श्रद्धावन्तोऽनसूयन्तः मुच्यन्ते तेऽपि कर्मभिः ॥ ३१ ॥

ये त्वेतदभ्यसूयन्तः नानुतिष्ठन्ति मे मतम् ।  
सर्वज्ञानविमूढांस्तान् विद्धि नष्टानचेतसः ॥ ३२ ॥

सदृशं चेष्टते स्वस्याः प्रकृतेर्ज्ञानवानपि ।  
प्रकृतिं यान्ति भूतानि निग्रहः किं करिष्यति ॥ ३३ ॥

इन्द्रियस्येन्द्रियस्यार्थे रागद्वेषौ व्यवस्थितौ ।  
तयोर्न वशमागच्छेत् तौ ह्यस्य परिपन्थिनौ ॥ ३४ ॥



prakṛterguṇasammūdhāḥ  
sajjante guṇakarmasu  
tānakṛtsnavido mandān  
kṛtsnavinna vicālayet || 29 ||

mayi sarvāṇi karmāṇi  
sannyasyādhyātmacetasā  
nirāśīrnirmamo bhūtvā  
yudhyasva vigatajvaraḥ || 30 ||

ye me matamidam nityam  
anutīṣṭhanti mānavāḥ  
śraddhāvanto'nasūyantaḥ  
mucyante te'pi karmabhiḥ || 31 ||

ye tvetadabhyasūyantaḥ  
nānutīṣṭhanti me matam  
sarvajñānavimūdhāmstān  
viddhi naṣṭānacetasaḥ || 32 ||

sadṛśam ceṣṭate svasyāḥ  
prakṛterjñānavānapi  
prakṛtiṃ yānti bhūtāni  
nigrahaḥ kiṃ kariṣyati || 33 ||

indriyasyendriyasyārthe  
rāgadveṣau vyavasthitau  
tayorna vaśamāgacchhet  
tau hyasya paripanthinau || 34 ||

श्रेयान्स्वधर्मो विगुणः परधर्मात्स्वनुष्ठितात् ।  
स्वधर्मे निधनं श्रेयः परधर्मो भयावहः ॥ ३५ ॥

अर्जुन उवाच ।

अथ केन प्रयुक्तोऽयं पापं चरति पूरुषः ।  
अनिच्छन्नपि वार्ष्णेय बलादिव नियोजितः ॥ ३६ ॥

श्रीभगवानुवाच ।

काम एष क्रोध एष रजोगुणसमुद्भवः ।  
महाशनो महापाप्मा विद्ध्येनमिह वैरिणम् ॥ ३७ ॥

धूमेनाव्रियते वह्निः यथादर्शो मलेन च ।  
यथोल्बेनावृतो गर्भः तथा तेनेदमावृतम् ॥ ३८ ॥

आवृतं ज्ञानमेतेन ज्ञानिनो नित्यवैरिणा ।  
कामरूपेण कौन्तेय दुष्पूरेणानलेन च ॥ ३९ ॥

śreyānsvadharmo viguṇaḥ  
paradharmātsvanuṣṭhitāt  
svadharme nidhanaṁ śreyaḥ  
paradharmo bhayāvahaḥ || 35 ||

arjuna uvāca

atha kena prayukto'yaṁ  
pāpaṁ carati pūruṣaḥ  
anicchannapi vārṣṇeya  
balādiva niyojitaḥ || 36 ||

śrībhagavānuvāca

kāma eṣa krodha eṣaḥ  
rajoguṇasamudbhavaḥ  
mahāśano mahāpāpmā  
viddhyenamihā vairiṇam || 37 ||

dhūmenāvriyate vahniḥ  
yathādarśo malena ca  
yatholbenāvṛto garbhaḥ  
tathā tenedamāvṛtam || 38 ||

āvṛtaṁ jñānametena  
jñānino nityavairiṇā  
kāmarūpeṇa kaunteya  
duṣpūreṇānalena ca || 39 ||

इन्द्रियाणि मनो बुद्धिः                      अस्याधिष्ठानमुच्यते ।  
एतैर्विमोहयत्येषः                      ज्ञानमावृत्य देहिनम् ॥ ४० ॥

तस्मात्त्वमिन्द्रियाण्यादौ                      नियम्य भरतर्षभ ।  
पाप्मानं प्रजहि ह्येनं                      ज्ञानविज्ञाननाशनम् ॥ ४१ ॥

इन्द्रियाणि पराण्याहुः                      इन्द्रियेभ्यः परं मनः ।  
मनसस्तु परा बुद्धिः                      यो बुद्धेः परतस्तु सः ॥ ४२ ॥

एवं बुद्धेः परं बुद्ध्वा                      संस्तभ्यात्मानमात्मना ।  
जहि शत्रुं महाबाहो                      कामरूपं दुरासदम् ॥ ४३ ॥

ॐ तत्सदिति श्रीमद्भगवद्गीतासु उपनिषत्सु  
ब्रह्मविद्यायां योगशास्त्रे श्रीकृष्णार्जुनसंवादे  
कर्मयोगो नाम तृतीयोऽध्यायः ॥ ३ ॥

॥ हरिः ॐ ॥ ॥ श्री गुरुभ्यो नमः ॥ ॥ हरिः ॐ ॥

indriyāṇi mano buddhiḥ  
asyādhiṣṭhānamucyate  
etairvimohayatyeṣaḥ  
jñānamāvṛtya dehinam || 40 ||

tasmāttvamindriyāṅyādau  
niyamya bharatarṣabha  
pāpmānaṁ prajahi hyenaṁ  
jñānavijñānanāśanam || 41 ||

indriyāṇi parāṅyāhuḥ  
indriyebhyaḥ paraṁ manaḥ  
manasastu parā buddhiḥ  
yo buddheḥ paratastu saḥ || 42 ||

evaṁ buddheḥ paraṁ buddhvā  
saṁstabhyātmānamātmanā  
jahi śatruṁ mahābāho  
kāmarūpaṁ durāsadam || 43 ||

om tatsaditi śrīmadbhagavadgītāsu upaniṣatsu  
brahmavidyāyām yogaśāstre śrīkr̥ṣṇārjunasaṁvāde  
karmayogo nāma tṛtīyo'dhyāyaḥ || 3 ||

|| hariḥ om || || śrī gurubhyo namaḥ || || hariḥ om ||

## VIDEO QUIZ

ON 7<sup>TH</sup> AUGUST 2022, SUNDAY

7.00 PM TO 8.30 PM



### RULES:

- 1) Watch attentively one-hour video of Pujya Gurudev Swami Chinmayananda based on 3<sup>rd</sup> chapter and answer the questions based on the video.
- 2) Questionnaire is in English, which will be provided after the video.
- 3) Any individual aged 14 can participate.
- 4) Registration form fee for GPS is Rs. 50/-.
- 5) You have to carry the hall ticket during the day of competition.
- 6) Please bring your pen, clip board etc as per your requirement.

**VENUE: CHINMAYA SHREERAM**

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Chanting schedule (5 to 6 pm):

Monday	Narayaneeyam and Shiva Stotras
Tuesday	Ganapati Atharvasheersham
Wednesday	Ramcharitmanas
Thursday	Vishnu Sahasranaam, Bhagawad Geeta & Guru Stotras
Friday	Lalita Sahasranaam & Devi Stotras
Saturday	Hanuman Chalisa & Hanumat Stotras

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