



“तस्य भारा सर्वमिदं विभाति”

# चिन्मय आदेश

Monthly Newsletter of Chinmaya Mission Mulund

द्वात्रिंशत् (XXXII) स्रोतः

NOVEMBER - 2025

एकादश (XI) रश्मिः





# Chinmaya Mission Mulund

## VIDEO QUIZ



### Bhagawad Geeta Chapter - XV

**PURUṢOTTAMA YOGAḤ**  
THE YOGA OF SUPREME SPIRIT

ON

16th Nov 2025, Sunday, 7.00 pm to 8.30 pm

“ Watch attentively one-hour video of Pujya Gurudev Swami Chinmayananda based on 15th chapter and answer the Questionnaire in English based on the video. ”



**Eligibility: Age 16 and above**

**Registration form fee: Rs. 50/-**

**For any queries contact: Vasantha Balan - 8879717030**

**Lakshmi Kumar - 9820590472**

**Venue: Chinmaya Shreeram, Aroto House, First Floor,  
P K Road, Mulund(W)**

## DEAR GEETA LOVERS

The grand vision behind the Geeta Fest, is that chanting initially introduces one to the world renowned Bhagawad Geeta. Naturally this leads to the study of the text, resulting in the gain of the knowledge revealed therein.

We invite all of you to be a part of the Geeta Fest and request parents and well-wishers to contribute and donate generously towards this noble endeavor.

Sponsorship for 10 Children	Rs. 300 /-
Sponsorship for 25 Children	Rs. 750 /-
Sponsorship for 50 Children	Rs. 1500 /-
Certificate Sponsorship	Rs. 1000 /-
Prize Sponsorship	Rs. 2500 /-

**To donate visit:**

**<https://chinmayamissionmulund.com/geeta-chanting-competition-sponsorship/>**

**Contact: Smt. Vasantha Balan – 8879717030**



**CHINMAYA MISSION MULUND**

invites you to

**SAMASHTI GEETA CHANTING  
OF BHAGAWAD GEETA CH. 15**



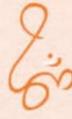
**Saturday, 17<sup>th</sup> January 2026**

5.30 pm to 7.30 pm

**Barku Patil Ground, Mulund West**

Contact: 9820016826, 7021267089

[www.chinmayamissionmulund.com](http://www.chinmayamissionmulund.com)



# Chinmaya Mission Mulund

Organizes

## Satsang

with

### Swami Deveshananda Saraswatiji

Chinmaya Mission Vadodara

Evening Satsang in Gujarati  
7.30 PM to 9 PM

10th to 14th November 2025

Bhagwad Geeta Ch. 15  
Purushottam Yoga



Morning Satsang in Hindi  
8 AM to 9.15 AM

11th to 14th November 2025

Sri Ram Raksha Stotra

Venue:

Chinmaya Shreeram, 8-Aroto House,  
P.K. Road, Mulund West  
Mumbai-400080

Contact: 9870354646

**Entry is free. All are welcome**

[www.chinmayamissionmulund.com](http://www.chinmayamissionmulund.com)



# ચિન્મય મિશન મુલુંડ



આયોજીત

## સત્સંગ

### સ્વામી દેવેશાનંદ સરસ્વતીજી

(ચિન્મય મિશન, વડોદરા)

સાંજનો સત્સંગ (ગુજરાતીમાં)

7.30 PM થી 9 PM

10 થી 14 નવેમ્બર 2025

શ્રીમદ્ ભગવદ્ ગીતા અધ્યાય 15  
(પુરુષોત્તમ યોગ)



સવારનો સત્સંગ (હિન્દીમાં)

સવારે : 8 થી 9.15 સુધી

11 થી 14 નવેમ્બર 2025

શ્રી રામ રક્ષા સ્તોત્ર



સ્થળ:

ચિન્મય શ્રીરામ, 8-આરોટો હાઉસ  
પી.કે. રોડ, મુલુંડ વેસ્ટ, મુંબઈ-400080

સંપર્ક: 9870354646

પ્રવેશ free છે. બધાનું સ્વાગત છે

[www.chinmayamissionmulund.com](http://www.chinmayamissionmulund.com)



CHINMAYA MISSION MULUND

**BALAVIHAR**



Starting from 4<sup>th</sup> OCTOBER

**Sowing the Seeds of  
Spirituality and Values  
in young ones**

**For Children of  
5 to 12 years**

**Learn Values and Culture in a fun way  
through Stories from our scriptures**



**Chanting of  
Bhajans  
Shlokas  
& Stotras**



**Games, Quiz**

**Every Saturday : 6.00 pm to 7.00 pm**

**Chinmaya Amruta Balavihar**

**Venue: Community Hall, Shubh Labh CHS,  
90 Feet Road, Mulund (E)**

**Contact: 8369227193, 8108077111**

**ENTRY IS FREE**



## EDITORIAL COLUMN

*Harih Om!*

Dear Readers,

‘Catch them young!’ was Pujya Gurudev Swami Chinmayananda ji’s rationale behind starting the Balavihar movement as a grassroots activity for Chinmaya Mission worldwide so that the eternal values, traditions and knowledge of our Sanatana Dharma are imparted to the young and innocent minds at a tender age amidst fun and games such that they will have a lasting effect on them and will come to benefit them immensely. It gives us great pleasure in reporting the inauguration of yet another Balavihar Class in our Centre on 4<sup>th</sup> October; Chinmaya Amruta Balavihar at 90 ft Road, Mulund East, taking the count of Balavihar to 11. The toddlers of our Shishu Vihar and the children of our Balavihars celebrated Navaratri in their classes with a variety of activities like Pooja, Rangoli, Games, Craft Activity, Garbha etc. For details of our Balavihar classes in Mulund and Bhandup,

please refer to our website [www.chinmayamissionmulund.com](http://www.chinmayamissionmulund.com). While on the Balavihar news, it was heartening to hear about the success of an ex-Balavihar student Karthika Putuval who secured the highest marks in B.Sc. Hons in Applied Psychology at Chinmaya Vishwa Vidyapeeth and was honoured at the 5<sup>th</sup> Convocation Ceremony 2025 of the University last week. The efficacy of the Balavihar movement in shaping the all-round growth and success of the children is incredible. Jai Gurudev!

The highlight of the month of October was the finals of the Chinmaya Geeta Chanting Competitions – 2025 on 5<sup>th</sup> October at Sri Sri Ravishankar Vidya Mandir (SSRVM), Mulund West. We had covered the preliminary level competitions held in September in detail in the last issue. 341 children shortlisted based on their performance in the preliminary round participated in the finals. The results were announced on our website on 11<sup>th</sup> October. As has been the practice for some years now, standard wise prizes have been announced in

each group to encourage the children. In all, 119 children have bagged prizes. In the elders' chanting category, out of 70 finalists, 18 prizes have been announced. The prizes will be distributed on Monday, 1<sup>st</sup> December, the Geeta Jayanthi day as also the Tapovan Jayanthi day, as is the practice. The school representatives and Sevak/Sevikas who taught in schools will also be felicitated. This year too like last year, the best three from each group based on their final round marks will participate in the State level competitions to be held in Pune on 2<sup>nd</sup> November. The Grace of the Almighty and the Guru Parampara, the year-long systematic planning and dedicated efforts of the Coordinator Smt. Vasanta Balan and her supporting team including her family members with the sincere cooperation of the Sevikas, judges and a large number of volunteers-young and old ensured the grand success of the mammoth Geeta Fest 2025.

The monthly Sampoorna Geeta Parayanam was conducted on Sunday 12<sup>th</sup> October from 3.30 to 6.30 pm followed by the Arati which was well

attended.

The month that went by was also the month of Deepavali, undoubtedly the most popular festival in our country as it celebrates the victory of good over evil represented by Lord Krishna's victory over the demon Narakasura; the victory of our Higher Self over our lower self, represented by Lord Rama returning to Ayodhya after killing the ten-headed Ravana. As usual, devotees celebrated Diwali at Chinmaya Shreeram with a beautiful Rangoli and decoration with Diyas. The Balavihars and Shishu Vihars also celebrated Diwali in their classes with various activities.

‘Unto Him Our Best.’ Following the success and good response to the Chinmaya Garbha Samskar sessions in the last two years, we conducted the third Chinmaya Garbha Samskar programme on 25<sup>th</sup> and 26<sup>th</sup> October in our Centre at Chinmaya Shreeram. Twenty participants attended and gave a very positive feedback about the programme. ‘Happy parents make happy babies and happy babies make a happy world’ is the motto of the Chinmaya

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Garbha Samskar, which is the newest initiative of Chinmaya Mission to impart the wisdom of our scriptures to couples who are either planning or expecting a baby, thus enabling the development of happy and healthy babies, who will become joy-givers to the family and noble human beings. We had invited two couples who had participated last year to share their testimonies with the participants this year during the programme. They were happy to share that the learnings from the programme helped them to manage the difficult phase well, they have been blessed with healthy and cheerful babies and moreover, the suggestions regarding naming the child inspired them to name their babies from the Sahasranamas.

Chinmaya Mission Mulund is organising a Gujarati Jnana Yajna after a long time. Swami Deveshananda ji CM Vadodara will be speaking on the Bhagawad Geeta Chapter 15 in Gujarati from 10<sup>th</sup> to 14<sup>th</sup> November 7.30 to 9 pm at Chinmaya Shreeram. The morning Satsang from 11<sup>th</sup> to 14<sup>th</sup> November, 8 to 9.15 am in Hindi

will be on the ‘Sri Rama Raksha Stotram’. Please spread the word to the Gujarati speaking community to avail of this rare opportunity. All are invited with family and friends to attend the morning and evening Satsangs and benefit from the priceless teachings of our scriptures.

One event of the Geeta Fest 2025, a much looked forward to, remains. There will be a video quiz on Sunday 16<sup>th</sup> November, 7 to 8.30 pm at Chinmaya Shreeram. Participants have to watch a one-hour video of Pujya Gurudev on the 15th chapter of the Geeta and then answer objective questions based on the video. Anybody of age 16 and above can participate in this video quiz. No prior knowledge of Sanskrit or the Bhagawad Geeta is expected. Spot entries are also available. Please share this information with your friends and family, come in large numbers to participate in the last event of the Geeta Fest 2025 and benefit from the timeless wisdom of the Geeta.

‘Sing Geeta, Live Geeta!’ As we are all aware, 2026 is the 75<sup>th</sup> anniversary of the Chinmaya

Movement, a culture and knowledge revolution that has touched several lives across the globe. Chinmaya Mission Mulund would be commemorating this grand milestone with a Samashti Geeta Chanting of Chapter 15 of the Geeta at the Chinmaya Amrit Mahotsav on 17<sup>th</sup> January 2026 at the Barku Patil Ground, Mulund West 5.30 to 7.30 pm. Please save the date and we look forward to seeing you all in large numbers at this grand congregation.

*Lokah Samasthah Sukhino Bhavantu!*

*Smt. Lakshmi Kumar*

*Editor - Chinmaya Adesh*

*Dated 29th October 2025*

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Shishu Vihar Diwali Celebration



## The new 'Chinmaya Amruta Balavihar' started in Mulund East



## Chinmaya Garbha Samskara 2025



Glimpses from the Final round of Geeta Chanting Competition for Children and Elders

**CHINMAYA GEETA CHANTING COMPETITION 2025**  
**PRIZE WINNERS LIST**  
**CHILDREN**  
**GROUP - A**

NAME	STD	PRIZE	SEVIKA
SHRUTI SHAILESH	JR.KG	I	NITHYA MANI
SHREYA SANTOSH	JR.KG	II	KIRTI.R/VRUNDA/ POOJA SATKAR
AYUSH AVINASH PARANDKAR	JR.KG	III	REVATHY SHANKAR
KIYANSHA KILJE	JR.KG	III	REETA PANDEY
DHYANA SHAILESH PATEL	JR.KG	CON	SHARADA PHASE, JAYASHREE & POOJA KSHIRSAGAR
SHRIHAN SHREYAS PARAB	JR.KG	CON	SUNITA NAIR
MEERA ROHAN PATIL	JR.KG	CON	REETA PANDEY
TRISHIKA DARA	JR.KG	CON	KIRTI.R/VRUNDA/ POOJA SATKAR
SHIVANSH KARTHIK	JR.KG	CON	KIRTI.R/VRUNDA/ POOJA SATKAR
MYRAA MEHUL NARAM	SR.KG	I	REKHA PATEL
SWARA S BHAT	SR.KG	II	SUNITA NAIR
DEV MUKESH CHANDIRAMANI	SR.KG	II	NITHYA MANI
STUTEE ATUL BANGAL	SR.KG	III	REETA PANDEY

NAME	STD	PRIZE	SEVIKA
ATHARV SHARDUL PHASE	SR.KG	III	SHARADA PHASE, JAYASHREE & POOJA KSHIRSAGAR
SAACHI M KADAM	SR.KG	CON	SHARADA PHASE, JAYASHREE & POOJA KSHIRSAGAR
VARAD B BHOGLE	SR.KG	CON	SUNITA NAIR
SATWIK SACHIN TODKAR	SR.KG	CON	REETA PANDEY
STUTI AGARWAL	SR.KG	CON	REETA PANDEY
SWARA AJIT SAWANT	SR.KG	CON	MRUNAL THORAT
DEVANSH MANGESH HANDE	SR.KG	CON	MRUNAL THORAT
ANANYA SHREEKUMAR NAIR	SR.KG	CON	KIRTI.R/VRUNDA/ POOJA SATKAR
HETVI CHANDAN VADOR	SR.KG	CON	KIRTI.R/VRUNDA/ POOJA SATKAR
KABIRSING LALSING RATHOD	SR.KG	CON	KIRTI.R/VRUNDA/ POOJA SATKAR
AHANA ANANTHANARAYA NAN	SR.KG	CON	KIRTI.R/VRUNDA/ POOJA SATKAR

## GROUP - B

NAME	STD	PRIZE	SEVIKA
AADYA RISHIKESH KALEY	I STD	I	MALATI MAJUMDAR
VENKATACHALA K S	I STD	II	RATNA HOLLA
NIRMAY GOHIL	I STD	III	MRUNAL THORAT

NAME	STD	PRIZE	SEVIKA
SAACHI DHARMESH DANANI	I STD	CON	KAVITA SHETTY
RAKSHA AJAYKUMAR SINGH	I STD	CON	KAVITA SHETTY
REYANSH VISHWAKARMA	I STD	CON	MALATI MAJUMDAR
KRISH SHAILESH	I STD	CON	NITHYA MANI
ANISHKA DIPESH CHHEDA	I STD	CON	KIRTI.V. RAJE
AAHAAN DURGESH BAGWE	I STD	CON	KIRTI.V. RAJE
IRA KHALDE	I STD	CON	KIRTI.V. RAJE
SAHANA CHANDRASEKAR	II STD	I	KIRTI.V. RAJE
YADNY SNEHAL PARAG MESTRY	II STD	II	BHARATI NAYAK
SHAARVI SUVARNA	II STD	III	MALATI MAJUMDAR
MANASVI NITIN NIKALE	II STD	III	NITYA MANI
SAMRUDDHI VIKAS SAWANT	II STD	III	NITYA MANI
MIRAYAA RAJ MEHTA	II STD	III	KIRTI.V. RAJE
KARTIK IYER	II STD	CON	LALITHA GOPALAKRISHNA N

NAME	STD	PRIZE	SEVIKA
RIYA MINESH LONDHE	II STD	CON	BHARATI NAYAK
CHIRUSH V BHAT	II STD	CON	HIMAGAURI KULKARNI
ANAYA AMOL KHAMKAR	II STD	CON	NITYA MANI
KHUSHI PARESH CHAVAN	II STD	CON	NITYA MANI
VEDANT MALAKARI IMADE	II STD	CON	NITYA MANI
ARVI NARKAR	II STD	CON	MRUNAL THORAT
AADYA IYER	II STD	CON	PAVITRA SHETTY
AARYA AMEYA TATKE	II STD	CON	RAJESHWARI R.
MUDIT SMIT SHAH	II STD	CON	KIRTI.V. RAJE
JANHAVI SAIRAM IYER	II STD	CON	KIRTI.V. RAJE
SHAIRA NARENDRASINGH KARKI	II STD	CON	KIRTI.V. RAJE

## GROUP - C

NAME	STD	PRIZE	SEVIKA
SHREYA KANNAN	III STD	I	SUNITA NAIR
DITYA KETAN MIRANI	III STD	II	SUNITA NAIR
VISHV RAJESH SUTAR	III STD	II	NITYA MANI
SWARA AJAY GOVALE	III STD	III	UMA

NAME	STD	PRIZE	SEVIKA
IRA NIRMAL BADALE	III STD	III	KIRTI RAJE/POOJA SATKAR
PRINCE PRAKASH NAIK	III STD	CON	R SRINIVASAN
VARAD RANI AJAY JADHAV	III STD	CON	MRUNAL THORAT
PRANITI S PARKAR	III STD	CON	GOMATI
YUVAANSH BHARAT RATNANI	III STD	CON	KIRTI RAJE/POOJA SATKAR
ANVAYA ANIKET WAGLE	III STD	CON	KIRTI RAJE/POOJA SATKAR
ARUNIMA DHANANJAY ARADHYE	IV STD	I	KIRTI RAJE/POOJA SATKAR
KASHVI NIMESH THAKER	IV STD	II	MEERA SATISH ONLINE
PRAGALBH P KANDALGAONKAR	IV STD	III	MEERA SATISH ONLINE
SOURISH GOPAL	IV STD	III	MEERA SATISH ONLINE
KRUPA PRAJAKT PATIL	IV STD	CON	POOJA SATKAR
DHRUVI RAJESH MIRANI	IV STD	CON	SUNITA NAIR
SAKSHAM SWAPNIL KOTULKAR	IV STD	CON	PAVITRA SHETTY/BRINDA
ANTRA SUNIL JOGALE	IV STD	CON	NITYA MANI

NAME	STD	PRIZE	SEVIKA
HARSHAL DARSHAN MENGDE	IV STD	CON	NITYA MANI
AAYUSHII ABHIJEETT PAWAR	IV STD	CON	MRUNAL THORAT
SHARV ABHIJIT RAMBADE	IV STD	CON	MRUNAL THORAT
SRIHARI VIVEKANAND	IV STD	CON	KIRTI RAJE/POOJA SATKAR

## GROUP - D

NAME	STD	PRIZE	SEVIKA
SABARISH KARTHIK	V STD	I	POOJA SATKAR
ARYA BAMETA	V STD	II	POOJA SATKAR
SAANVI KHADAYE	V STD	III	POOJA SATKAR
DIVAM RAHUL PANCHAL	V STD	CON	SUNITA NAIR
DRISHTI WADHWANI	V STD	CON	POOJA SATKAR
SWARA NATEKAR	V STD	CON	POOJA SATKAR
MARVI VINIT RAJE	VI STD	I	POOJA SATKAR
RUDRA PARAG WADKAR	VI STD	II	LEKSHMI MORE
SAANVI NITESH PATIL	VI STD	III	POOJA SATKAR
SATVIK RAMJI PANDEY	VI STD	III	REKHA PATEL
VEDANT NAIR	VI STD	CON	POOJA SATKAR

NAME	STD	PRIZE	SEVIKA
SASHANTH GUHAPRASATH	VI STD	CON	LAKSHMI KUMAR
MYRA VARSHA JIGAR JOSHI	VI STD	CON	REKHA PATEL
YATIKA AGARWAL	VI STD	CON	GOMATI

## GROUP - E

NAME	STD	PRIZE	SEVIKA
ADARSH R GUPTA	VII STD	I	GOMATI
SAI ADVAITH CHANDRASEKAR	VII STD	I	VRUNDA N
DHYANA GAJWANI	VII STD	II	GOMATI
ARNAV K PASWAN	VII STD	III	GOMATI
VEDANT NAIR	VII STD	III	VRUNDA N
NITHYA PRAKASH	VII STD	CON	LAKSHMI KUMAR
JAI V JOSHI	VII STD	CON	LAKSHMI KUMAR
DEVASHREE SAWANT	VII STD	CON	GOMATI
VEDANTH ACHARYA	VII STD	CON	VRUNDA N
RUDRA ASHISH THAKKAR	VIII STD	I	LAKSHMI KUMAR
MYTHILI S NAIR	VIII STD	II	GOMATI
NIDHI MENON	VIII STD	III	LAKSHMI KUMAR
RUTHVIK SRIPADA	VIII STD	III	GOMATI
PRAHLAD SANTOSH	VIII STD	CON	LAKSHMI KUMAR
SANIHA RAVI SHETTY	VIII STD	CON	LAKSHMI KUMAR

NAME	STD	PRIZE	SEVIKA
NANDINI K NADAR	VIII STD	CON	GOMATI
PRANAV SANJAY JADHAV	IX STD	I	GIRIJA SHETTY / SUNITA NAIR
KRUPA KISHOR THAKKAR	IX STD	II	REKHA PATEL
VAISHNAVI PRADIP UKE	IX STD	III	GIRIJA SHETTY / SUNITA NAIR
DISHA NILESH SATARDEKAR	IX STD	III	GIRIJA SHETTY / SUNITA NAIR
SANA ARUN	IX STD	CON	GOMATI
SARTHAK NITIN BHOSALE	IX STD	CON	GIRIJA SHETTY / SUNITA NAIR

## GROUP - F

NAME	STD	PRIZE	SEVIKA
VINAYA VENKATESHWARAN	X STD	I	GOMATI
YASHOVARDHAN PARMAR	X STD	CON	
TEJOMAY G IYER	XI STD	I	GOMATI
NAYONIKA IYER	XI STD	II	
ARNAV RAJESH	XI STD	III	VRUNDA N
LAKSHANA KRISHNAN IYER	XI STD	CON	
ATHARVA KSHIRSAGAR	XI STD	CON	GOMATI
SREERAM SOMANATHAN	XII STD	I	LAKSHMI KUMAR
ANUSHA VENGSARKAR	XII STD	II	LAKSHMI KUMAR

NAME	STD	PRIZE	SEVIKA
VEDANT ANUP NAIR	XII STD	CON	LAKSHMI KUMAR

**ELDERS**  
GROUP - G

NAME	PRIZE
JYOTHIKA PUTUVAL	I
DEVIKA POOJARI	II
MAITREE VIPUL JANI	II
SHAILESH SATHYANARAYANAN	III
KAJAL THAKKAR	III
NAMBILLAI RAMESH	III
POOJA SATKAR	CON.

GROUP - H

NAME	PRIZE
SHRI SREEDEV S.	I
SMT. GAYATRI SAWANT	II
SOMANATHAN VISWANATHAN	III
RUPAL K. THAKKER	III
SUPARNA KRISHNAN IYER	III
ANANTH SITARAMAN	CON.
DIPTI RAJESH MONANI	CON.

GROUP - I

NAME	PRIZE
NAINA U. KAMATH	I
URMILA U. KAMATH	II
RAJI GANESHAN	III
JAYALAKSHMI R.	CON.

## भावपूर्ण श्रद्धांजली



चिन्मय मिशन मुलुण्डच्या आदरणीय सभासद व सेवाभावी सेविका श्रीमती सुशिलाताई बाळकृष्ण मनवाडकर यांचा देह 10 आक्टोबर 2025 रोजी पहाटे 5.20 वाजता पंचतत्त्वात विलीन झाला. नावाप्रमाणे सुशील स्वभावाच्या सुशीलाताई यांचा दिनक्रम अभ्यास, कर्तव्य व सेवा यांनी परिप्लुत होता. प. पू. स्वामी पुरुषोत्तमानंद यांचे मार्गदर्शन व शिष्यत्व त्या आचरत होत्या. विविध विषयांवरील श्रवणाव्यतिरिक्त त्यांचा श्रीज्ञानेश्वरी व श्रीदासबोध ग्रन्थाचा नियमित अभ्यास होता. श्रीमद्भगवद्गीता मराठी या ग्रंथाच्या तपासणीत तसेच गीता पठण स्पर्धेच्या कार्यक्रमात व अन्य उपक्रमात त्यांचे योगदान लक्षणीय आहे.

त्यांच्या कुटुंबियांना सान्त्वना.

ताईंच्या पुण्यस्मृतीस मनापासून अभिवादन.



**From the Mount of the Absolute  
(WISDOM FROM THE UPANISHADS)**

**H. H. Swami Chinmayananda**

I have neither unrestfulness nor a profound concentration. Both of them belong to the mind which is subject to change.

How can I who am pure and mindless have those two? I am without any change and without a mind as I am all-pervading and devoid of a body.

So, I who am ever free, ever pure and ever awakened had duties to perform so long as there was Ignorance.

How can I have concentration, non-concentration or other actions in Me as all men feel that the acme of their lives is fulfilled when they meditate on Me and know Me?

I am, therefore, Brahman, the all-comprehensive Principle, ever Pure, ever awakened and ever Unborn, devoid of old age, imperishable and immortal.

There is no knower other than Myself among

all the beings. I am the distributor of the results of their actions and the witness. It is I to whom all beings owe their consciousness. Without qualities and without a second, I am eternal.

In Me there is neither night nor day nor their juncture as I am always of the nature of light. How can difference, absence of difference, oneness, manyness and the qualities of being known and being a knower, the results of actions and also agency and experiencing be attributed to Me who am one only?

*-Upadesasahasri*

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Diwali celebration by Balavihar Children



## Sri Ganapati - Vinayaka

H. H. Swami Chinmayananda

(Continued from the previous issue..)

A man of Perfection must have a big belly to stomach peacefully, as it were, all the experiences of life, auspicious and inauspicious.

When such a master-mind sits dangling his foot down, it is again significant, in the symbolism of the *Puranas*. Generally, we move about in the world through the corridors of our experiences on our two feet, or the inner subtle body, the mind and the intellect. A Perfect Man of Wisdom has integrated them both to such an extent that they have become One in him – an intellect into which the mind has folded and has become completely subservient.

At such a great *Yogi's* feet are the endless eatables of life – meaning the enjoyable glories of physical existence. All powers come to serve Him, the entire world of cosmic forces are, thereafter, His obedient servants, seeking their

shelter at His feet; the whole world and its environment are waiting at His feet for His pleasure and command.

In the representation of Sri Vinayaka we always find a mouse sitting in the midst of the beautiful, fragrant ready-made food, but if you observe closely, you will find that the poor mouse is sitting looking up at the Lord, shivering with anticipation, but not daring to touch anything without His command. And now and then He allows the mouse to eat.

A mouse is a small animal with tiny teeth and, yet, in a barn of grain a solitary mouse can bring disastrous losses by continuously gnawing and nibbling at the grain. Similarly, there is a “mouse” within each personality, which can eat away even a mountain of merit in it, and this mouse is the power of desire. The Man of Perfection is one who has so perfectly mastered this urge to acquire, possess and enjoy this self-annihilating power of desire, that it is completely held in obedience to the will of the Master. And yet, when the Master wants to play His part in blessing the world, He

rides upon the mouse – meaning the desire to serve the world becomes His vehicle to move about and act.

The *Puranas* tell us how once Sri Vighneswara, while riding His mouse, was thrown down and the Moon laughed at the comic sight. It is said in the *Puranas* that the great-bellied Lord Vinayaka looked at the Moon and cursed that nobody would ever look at it on that day – *Vinayaka Chaturthi*. When a Man of Perfection (Vinayaka) moves about in the world, riding on His insignificant-looking vehicle, the “desire” to serve (mouse), the gross intellect of the world (Moon – the Presiding Deity of the Intellect) would be tempted to laugh at such prophets and seers.

The Lord of Obstacles, Sri Vighneswara, has four arms representing the four inner equipments (*antahkarana*). In one hand He has a rope, in another an axe. With the axe, He cuts off the attachments of His devotees to the world of plurality and thus ends all the consequent sorrows, and with the rope pulls them nearer and nearer to the Truth, and

ultimately ties them down to the Highest Goal. In his third hand He holds a rice ball (*modaka*) representing the reward of the joys of *sadhana* which He gives his devotees. With the other hand He blesses all His devotees and protects them from all obstacles in the Spiritual Path of seeking the Supreme.

On the spiritual pilgrimage, all the obstacles are created by the very subjective and objective worlds in the seeker himself; his attachment to the world of objects, emotions and thoughts, are alone his obstacles. Sri Vighneswara chops them off with the axe and holds the attention of the seeker constantly towards the higher goal with the rope that He has in His left hand. En route He feeds the seeker with the *modaka* (the joy of satisfaction experienced by the evolving seeker of Reality) and blesses him continuously with greater and greater progress, until at last the Man of Perfection becomes Himself the Lord of Obstacles, Sri Vighneswara.

The above three or four examples should clearly bring to your mind the art employed by Vyasa in his mystical world paintings. It must

be evidently clear to all sensitive thinkers that the representations given in the various symbolisms are not as many different Deities, but they are vivid pen-portraits of the subjective Truth described in the *Upanishadic* lore. The student must have the subtle sensitivity of a poet, the ruthless intellect of a scientist, and the soft heart of the beloved, in order to enter the enchanted realm of mysticism created by the poet-seer Vyasa. To the crude intellect and its gross understanding, these may look ridiculous; but art can be fully appreciated only by hearts that have art in them. When we review the *Puranas* with at least a cursory knowledge of Vedanta, they cannot but strike us as extremely resonant with the clamouring echoes of the *Upanishadic* melody.

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Rangoli at  
Chinmaya Shreeram



## हरिमीडे स्तोत्रम् परम पूज्य स्वामी तेजोमयानंद

या ज्ञानाचे फळ काय ?..... हा श्लोक सांगतो.

एकीकृत्यानेकशरीरस्थमिमं ज्ञं

यं विज्ञायेहैव स एवाशु भवन्ति।

यस्मिँल्लीना नेह पुनर्जन्म लभन्ते

तं संसारध्वान्तविनाशं हरिमीडे ॥२९॥

**अर्थ :-** चैतन्यस्वरूप असलेला आत्मा सर्व देहांमध्ये एकच आहे. हे एकत्व जाणून ज्ञाता त्वरितच आणि येथेच त्याच्याशी तादात्म्य साधतो. आत्मा ज्याच्यात विलीन होतो आणि तो पुनर्जन्म घेत नाही. त्या अज्ञानांधकाराचा नाश करणाऱ्या श्रीहरिंची मी स्तुती गातो.

**‘त्या’ला जाणा** – माझ्यातील आत्मा हाच सर्वांमधील आत्मा आहे. जेव्हा कोणी व्यक्ती आपल्या अंतर्यामातील आत्मा हेच सत्य आहे असे जाणते तेव्हा ती व्यक्ती तेच सत्य सर्वांमध्ये आहे असे जाणते. ही महान एकात्मता जी अनुभवास येते तोच सर्वांमधील दृढ संबंध आहे, कारण तो

आपल्या चंचल मनावर आधारित नसून सत्यावर आधारित आहे.

**त्वरित आणि येथेच** - सत्य किंवा आत्म्याला जाणणे म्हणजे सत्य किंवा आत्मा होणे होय. यात जराही कालांतर नसतो. तो क्षणातच घडून येतो. उदा. जेव्हा कोणी व्यक्ती जागी होते तेव्हा ती जाग्रतच असते. सत्याचा साक्षात्कार इथेच होऊ शकत असल्यामुळे त्यात स्थलाचेही अंतर नाही, ते येथेच असते.

**निश्चित परिणाम** - या ज्ञानाचे फळ म्हणजे जन्म-मरणाच्या चक्रापासून (संसार) सुटका. याचा अर्थ त्यानंतर सांतत्वाची भावना शिल्लक राहत नाही- या जन्मातही व तद्नंतरही.

खूप लोक विचारतात, 'आम्ही पुन्हा बंधनात पडणार नाही, आमचे अज्ञान परत मागे येणार नाही, आमचा पुनर्जन्म होणार नाही, याची शाश्वती काय?'

सर्वप्रथम, (१) आपण बंधनात कसे पडलो, (२) आपल्या कर्तृत्वाने पडलो नाही, हे आपल्याला माहित नसल्यामुळे आपण पुन्हा बंधनात पडू शकतो.

अज्ञानामुळे आपण जन्माला येतो. अज्ञानामुळेच आपण शरीर, मन, बुद्धीशी तादात्म्य पावतो व अज्ञानामुळेच आपण पुन्हा जन्म घेतो. जेव्हा आपल्याला आपले खरे अजन्मा व अनंत स्वरूप लक्षात येते तेव्हा आपण जन्माच्या कारणाचाच नाश करतो. त्यानंतर पुनर्जन्म नसतो. इतकेच नव्हे तर, हा जन्मही भ्रम असल्याचे जाणतो, मग त्यानंतर पुनर्जन्माचा प्रश्न तरी कुठे येतो? ज्यांची शास्त्रावर श्रद्धा असते ते लोक हा मार्ग निर्भयतेने चालतात कारण त्यांना माहित असते की अज्ञान एकदा सोडून गेल्यानंतर परत मागे फिरत नाही. एकदा मुक्त झाल्यानंतर पुनर्जन्म नाही. मुक्त होणे याचाच अर्थ पुन्हा जन्माला न येणे.

तर्काने सुद्धा आपल्याला माहित होते की अज्ञान आणि ज्ञान दोन्ही एकाच वेळी व एकाच ठिकाणी राहू शकत नाहीत. उदा. एकाच वेळी मी जाणू शकतो आणि जाणू शकत नाही असे होऊ शकत नाही. उदाहरण, 'मी माझ्या हातात धरले आहे.' अज्ञान अनादि असू शकेल आणि त्याचे मूळ अज्ञात असू शकेल पण त्याचे पर्यवसान ज्ञानात होते. एकदा ज्ञान झाले की अज्ञान परत येत नाही. उदाहरणार्थ - अंधार व

प्रकाश यांचे साहचर्य असू शकत नाही. एखादी गुहा दीर्घकाळापासून अंधारी असू शकेल. परंतु एकदा का आपण दिवा लावून जागा प्रकाशित केली की अंधकार परतू शकत नाही. एखाद्या माहीत नसलेल्या फुलाचे नाव मला कळले की मी ते पुन्हा विसरत नाही. ते माझ्यासाठी अपरिचित नसते. तसेच, त्या फुलाचे नाव जाणणाऱ्याला किंवा विसरणाऱ्याला मी विसरत नाही. एक स्मृतिभ्रंश झालेला माणूस आपले अनुभव विसरू शकेल, पण, तो जिवंत आहे आणि मी जिवंत आहे हे मी जाणतो, या वास्तवतेला कधीच विसरू शकत नाही.

आत्मा सत्य आहे या ज्ञानाने मुक्ती तत्क्षणी आणि खात्रीपूर्वक सर्वकाळासाठी होते. आपला आत्मा असलेल्या श्रीहरिंना जाणल्याने आपला संसार संपुष्टात येतो आणि आपण मुक्त होतो, त्यांची मी स्तुती गातो.

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## The greatest wealth

is to feel content with what one has. Contented life sparkles with joy.

*Swami Chinmayananda*

Chinmaya Shreeram is open to devotees for darshan during daily chanting from 5pm and Arati at 6.30 pm.

Chanting schedule (5 to 6 pm):

Monday	Narayaneeyam and Shiva Stotras
Tuesday	Ganapati Atharvasheersham
Wednesday	Ramcharitmanas
Thursday	Vishnu Sahasranaam, Bhagawad Geeta & Guru Stotras
Friday	Lalita Sahasranaam & Devi Stotras
Saturday	Hanuman Chalisa & Hanumat Stotras

6pm to 6.30pm (Daily) – Ram Raksha Stotra, Shri Suktam, etc.

# Chinmaya Mission Mulund



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