



“तस्य भारा सर्वमिदं विभाति”

चिन्मय आदेश

Monthly Newsletter of Chinmaya Mission Mulund

त्रयस्त्रिंशत् (XXXIII) स्रोतः

FEBRUARY - 2026

द्वे (II) रश्मिः





Chinmaya Mission Mulund

invites you to

CHINMAYA AMRIT YATRA

A 295 day, 35000 kms National Pilgrimage

on 3rd Feb 2026 from 3.30 pm

Yatra brings bus carrying sacred articles and personal memorabilia
of Param Pujya Gurudev Swami Chinmayananda

Programme:

3.30 pm : Welcoming the Amrit Yatra

4.30 pm - 8.00 pm :

Amrit Yatra Vaahan-open for darshan on
ground floor

5.00 pm - Nitya Path

5.30 pm - Paduka Pooja followed by Arati

6.45 pm - 8.00 pm

Bhajans by Balavihar Children

Satsang in HINDI on

"Life and Experiences of Gurudev"

8.30 pm

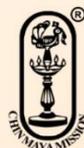
Amrit Yatra departure from Mulund

Venue: Chinmaya Shreeram,

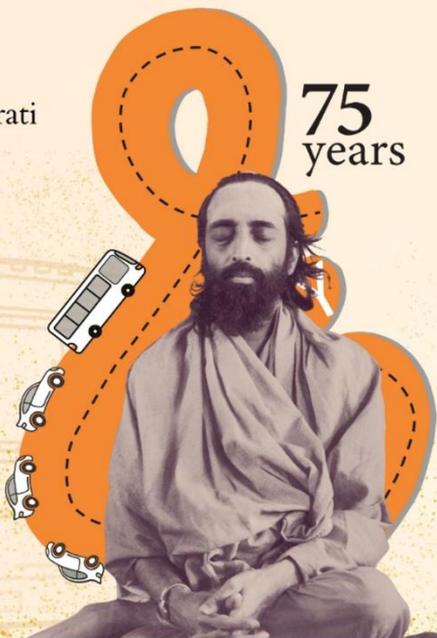
First floor, Aroto House,

P. K. Road, Mulund (W).

Contact: 98193 37720, 98673 38832



75
years



Entry Free | All are welcome | www.ChinmayaMissionMulund.com

Chyk Chinmaya Yuva Kendra, Mulund



SECRET TO SUCCESS

The Hanuman Way!

Weekly interactions,
Chanting, discussions,
QnA and activities

Name of the CHYK class: Chinmaya Lakshman
Sevak: Dr. Radhakrishnan Pillai

Every Sunday
5 pm to 6.30 pm

Venue: Chinmaya Shreeram,
First floor, Aroto House,
P. K. Road, Mulund (W).

For 18 to 28 yrs

 For enquiry contact
Shruti Shetty: 9619269909



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Gita Panchamrit

Learn, Live and Lead



CHINMAYA
AMRIT MAHOTSAV

75
years



5 Shlokas. **1** Essence.

A simple way for everyone to
connect with the Bhagavad Gita

Gita Panchamrit is an initiative of **Chinmaya Mission** that seeks to awaken love and reverence for the Bhagavad Gita in every heart. Through five carefully chosen verses—simple to learn, inspiring to reflect upon, and uniting in spirit—it offers a glimpse of the Gita’s timeless relevance. The first three verses guide what we, as seekers, can do; the last two reveal what Bhagavan does when we surrender in faith. The verses provided here with Sandhi split for easy chanting.

① **Take Charge of Your Life and Rise Up**

उद्धरेदात्मनात्मानं नात्मानमवसादयेत् ।
आत्मैव ह्यात्मनो बन्धुः आत्मैव रिपुरात्मनः ॥

uddhared-ātmanātmānaṁ nātmānam-avasādayet,
ātmaiva hyātmano bandhuḥ ātmaiva ripur-ātmanaḥ. (6.5)

One should lift oneself by oneself; one should not lower oneself. The mind is verily one’s friend; the mind is one’s own enemy.

② **How Does One Uplift Oneself?**

कर्मण्येवाधिकारस्ते मा फलेषु कदाचन ।
मा कर्मफलहेतुर्भूः मा ते सङ्गोऽस्त्वकर्मणि ॥

karmaṇyevādhikāraṣṭe mā phaleṣu kadācana,
mā karmaphalāheturbhuḥ mā te saṅgo’stvakarmaṇi. (2.47)

Thy right is to work only, but never to its fruits; let the fruit of action not be thy motive, nor let thy attachment be to inaction.



3 Develop an Attitude of Dedication

यत्करोषि यदश्नासि यज्जुहोषि ददासि यत् ।
यत्तपस्यसि कौन्तेय तत्कुरुष्व मदर्पणम् ॥

yatkaroshi yadaśnāsi yajjuhoṣi dadāsi yat,
yattapasyasi kaunteya tatkuruṣva madarpaṇam. (9.27)

Whatever you do, whatever you eat, whatever you offer in sacrifice, whatever you give in charity, whatever you practice as austerity, O Kaunteya! Do it as an offering to Me.

4 Shri Krishna's Assurance

अनन्याश्चिन्तयन्तो मां ये जनाः पर्युपासते ।
तेषां नित्याभियुक्तानां योगक्षेमं वहाम्यहम् ॥

ananyāścintayanto mām ye janāḥ paryupāsate,
teṣāṃ nityābhiyuktānāṃ yogakṣemaṃ vahāmyaham. (9.22)

To those who worship Me alone, thinking of no other, to those ever self-controlled, I provide what they need and preserve what they already possess.

5 Bhagavan Frees Us from All Bondages

सर्वधर्मान्परित्यज्य मामेकं शरणं व्रज ।
अहं त्वा सर्वपापेभ्यः मोक्षयिष्यामि मा शुचः ॥

sarvadharmān-parityajya mām-ekam śaraṇam vraja,
aham tvā sarvapāpebhyaḥ mokṣayiṣyāmi mā śucaḥ. (18.66)

Abandoning all dharmas (of the body, mind and intellect), take refuge in Me alone; I will liberate thee from all sins; grieve not.

Empower yourself and others

with the timeless wisdom of the Gita



Learn

1

Learn five selected Gita Panchamrit shlokas - the essence of the Gita distilled for everyone



Chant

2

Chant these 5 verses daily with devotion, reflection and understanding



Inspire

3

Inspire others by being a Gita Doota and urging friends, family and colleagues to learn



Connect

4

Connect aspirants either virtually or in-person with Gita Dootas



Join

5

Join the Movement, Register and Learn
Visit: chinmaya75.org

Take these five simple yet powerful steps to be part of a global wave of awakening



Register and connect
with other Gita Dootas

chinmayamission.com
chinmaya75.org

CHINMAYA
AMRIT MAHOTSAV

75
years



One Movement
Beyond Boundaries
Eternally Inspired

An expression of devotion and gratitude that unites thousands across the globe through spiritual and cultural offerings – a once-in-a-generation gathering for three days of reflection, devotion and inspiration.

Highlights

- Chinmaya Amrit **Yatra Conclusion** and Grand commemorative ceremonies
- **Vedic Chanting** by **Swamins and Brahmacharins**
- **Enlightening Sessions**
- **Chinmaya Amrit Musical**
- Special Programme on **'Non Dualism for World Understanding'**
- Immersive **'Chinmaya Experience'** exhibition – Heritage Artefacts, Digital Storytelling
- Global participation: **India and 25+ Countries**

Register Now : chinmaya75.org/amrit/register



23-25

October
2026

Bharat Mandapam

Pragati Maidan, New Delhi, Delhi 110001



EDITORIAL COLUMN

Harih Om!

Dear Readers,

The vision of a Master, the dream of a global head percolated to the branches, the resolve and zeal of a few, year-long preparations, formation of sub-committees for various tasks, deliberations of committees, vendor selections, venue hunting, budgets and funding, publicity, continuous support of the Centre and the tireless efforts of many dedicated volunteers culminated in the grand success of the Chinmaya Amrit Mahotsava organized by our Centre to celebrate 75 years of the Chinmaya Movement, a moment that has touched and transformed millions of lives across the globe.

The signature event – Samashti Gita Chanting, the venue – Barku Patil Udyan, Mulund West, the day- Saturday, 17th January 2026 will ever remain a remarkable milestone in the near half-century-long journey of Chinmaya Mission Mulund. The event which was attended by

about 3000 people was made even more memorable by the august presence of Pujya Swami Swaroopananda ji, the global head of Chinmaya Mission and many Swamijis and Brahmacharins from various centres of the Mission. Swami Advayananda ji, Acharya CIF and Resident Acharya of the 19th Vedanta Course at Sandeepany Sadhanalaya, Swami Adityananda ji CM Mandya, Swami Medhajananda ji CM Khopoli, Swami Paratmananda ji CM Andhra Pradesh, Swami Keshavananda ji CM Akola, Swamini Nishchalananda ji CCMT and an ex-Acharya of our centre, Swamini Anaghananda ji CM Thane, Swamini Nishkalananda ji CM Kalyan, Swamini Kaivalyananda ji (Chinmaya Archives), Br. Mukund Chaitanya, Br. Ved Chaitanya, Br. Kaushik Chaitanya, Br. Darshan Chaitanya, Br. Indra Chaitanya, Br. Deepesh Chaitanya, Brni. Veena Chaitanya, Brni. Akalka ji, Brni. Shanti ji, Vivek ji and Varsha ji (the latter two being ex-Acharyas of our Centre) graced the occasion. Dr. Manisha Khemlani, CCMT Trustees Shri Bhalerao, Shri Bharat Shah

and the Brahmacharins who had completed the recently concluded 19th Vedanta Course at Sandeepany Sadhanalaya also attended the event. It was a divine coincidence that it was the Punya Tithi of Brahmaleen Pujya Swami Purushottamananda ji, a great inspiration for our Centre, who worked tirelessly for the Chinmaya Mission till his last breath and attained Mahasamadhi at Mulund.

The programme began at 5.30 pm with melodious Bhajans followed by the chanting of the Gita Panchamrit verses and Pujya Gurudev's exposition on the first verse in Hindi. Pujya Swami Swaroopananda ji and the other Swamijis were welcomed on the stage at 6 pm with the blowing of conches and the offering of Poornakumbha by Smt. and Shri Deepak Gupte, the President of Chinmaya Mission Mulund. This was followed by Deep Prajwalanam, the auspicious lighting of the lamp by Pujya Swamiji and other dignitaries. Then came a melodious invocation by a CHYK member, followed by the welcome address and an introduction of Pujya Swamiji by the

Masters of Ceremony.

Swamiji then blessed the audiences with his ‘Aseervachan’. Swamiji highlighted the glory of Gita Mata. Expressing his concern that many a Hindu do not know even a verse of the Bhagawad Gita, he advocated the study, chant, and practice of the Gita Panchamrit verses as a beginning which would bless the home, the country and the world at large. He reiterated the role of Chinmaya Mission in the revival of the rich culture and heritage of Sanatana Dharma. Swamiji also released the Chinmaya Amrit Mahotsava Souvenir. Smt Savita Chakravarti and her souvenir team distributed copies to the Swamijis on the stage. The Swamijis then took a seat in front of the dais. A beautiful musical film on Pujya Gurudev’s life, teachings and contribution with Pujya Swamiji’s poetic rendering was screened which touched the hearts of the audiences and moved many a devotee to tears.

The much awaited Samashti Gita Chanting followed. The fifteenth chapter of the Gita i.e. Purushottama Yogah which is the

quintessence of the entire Gita was chanted three times, first by the winners of the Gita Chanting Competition 2025 and Sevikas on stage, the second time by the children and elders on stage with the children from various schools who were present in the gathering and the third time by both of them along with the entire audience, reverberating the skies with the song-divine of the Lord. It was an exhilarating moment for all present.

A short video on the history and journey of Chinmaya Mission Mulund was screened with the music of the Chinmaya Amrit Mahotsav Sanskrit anthem in the background. Then followed a unique light and sound show depicting the story and message of Bhagawad Gita which mesmerized the audiences. The laser show ended with a salute to Pujya Gurudev, the greatest ambassador of the Gita to have walked this earth. The programme ended with the Arati to Pujya Gurudev and Gita Maiyya and the Shanti Path. Bhajans and Hanuman Chalisa chanting were continued till the dispersal of audiences. Chinmaya Vani and

Chinmaya Upahaar stalls were set up for people to visit before and after the event.

‘A true and selfless Sankalpa, when it arises in an individual’s heart and when that Sankalpa is consistently worked out by a disciplined team of workers, it becomes Lord’s own expression. Success alone must arise from it’ these words of Pujya Gurudev were proved once again.

Temples have always been a great way to connect with the divinity and our rich culture in Bharat. Earlier in the month, 8 CHYKs participated in Temple Time – Season 1, a beautiful initiative organised by the CHYK Sevak Dr. Radhakrishnan Pillai on Sunday 11th January. They had a divine morning visiting temples in Mulund, exploring their history and significance. A detailed report on the same by our CHYK and Yuva Veer Shruti Shetty has been included in this issue.

Ghoshams of ‘Swamiye Saranam Ayyappa’ rent the air during the customary Ayyappa Pooja on the auspicious occasion of Makara Sankranti at Chinmaya Sreeram on 14th January. The programme which included inter-alia Ayyappa

Sahasranama Archana, Abhishekam, Bhajans and Mahaprasad, was attended by more than 60 devotees.

Kum. Hiranmayi Sarangapani from Dallas offered a Veena Recital as a part of our monthly Sangeet Seva on Sunday 18th January. She was Goddess Saraswati personified with her dexterity on the Veena, the soulful music, her grace and humility. She was ably supported by Shri Dakshinamurthy Pillai on the Mridangam. The Sangeet Seva was well attended by devotees and music lovers.

The monthly Sampurna Geeta Parayanam was conducted on Sunday 25th January from 3.30 to 6.30 pm followed by the Arati which was well attended.

We look forward to welcoming at our Centre, the Chinmaya Amrit Yatra – a 295-day national pilgrimage conceived to honour the eternal legacy of Pujya Gurudev Swami Chinmayananda and to carry His divine message, grace and living presence across the sacred geography of Bharat. With hearts filled with gratitude, devotion, and love, let us come together to

welcome the sacred Chinmaya Amrit Yatra as it graces Chinmaya Shree Ram, Aroto House, Mulund on 3rd February 2026 from 3.30 pm to 8.00 pm and be a part of this historic Chinmaya Movement. The Amrit Yatra brings a special bus carrying sacred articles and personal memorabilia associated with Pujya Gurudev. We invite you with family and friends to experience the Yatra and celebrate this great journey of the Master.

Smt. Lakshmi Kumar

Editor - Chinmaya Adesh

Dated 30th January 2026

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Ayyappa Pooja on Makar Sankranti day

Temple Time- Season 1

(A report by CHYK Shruti Shetty)

In our weekly Chinmaya Yuva Kendra (CHYK) class, our Sevak Dr. Radhakrishnan Pillai mentioned that in Mulund alone, East and West put together, there are 400+ temples. As the current text taken up for study, discussion and interaction is Hanuman Chalisa, he came up with an idea to visit at least 40 (*chaalis*) temples in Mulund divided into four Sunday mornings, one per month – about 10 temples each month.

We planned Season 1- to visit 10 temples in Mulund West on Sunday, 11th January from 7 to 9 am. We ended up visiting 13 temples.

8 CHYKS along with our Sevak Dr. Radhakrishnan Pillai participated in this beautiful initiative. We started with our very own Chinmaya Shreeram where we attended the morning Pooja and Kumar Ramaswamy Uncle briefed us about Chinmaya Mission Mulund and its upcoming programs. Then we went to Bhakta Sangam – Guruvayurappan temple followed by Sai Baba Mandir/Hanuman

Mandir, Salpa Devi temple opposite Udupi to Mumbai Hotel, Santoshi Mata Mandir, Balrajeshwar Shiv Mandir. We then went to a temple where we found the idol of Lord Krishna in a very unique form viz. Baby Krishna sucking a cow's udder while the blessed cow is fondling Him. This form is said to have appeared in a devotee's dream and the idol was made and consecrated. Then we went to Ambaji Dham, Narmada Devi Temple, Hanumanji/Shivji temple in Mulund Station, Ganpati temple nearby, Balaji temple/Raghavendra Temple (Satyadhyana Vidyapeeth) in Dr. Ambedkar Road and ended with Babaji ki Jhopdi. We chanted Hanuman Chalisa in front of Hanumanji inside the temple. We concluded Temple Time with a joyous breakfast time together.





Chinmaya Amrit Mahotsav 2026



Despair amid Abundance
(Excerpts from ‘Meditation and Life’)
H. H. Swami Chinmayananda

As long as a person is alive, he or she comes into contact with different things and beings and circumstances. Nobody in the world can, even for a moment, live without coming into contact with the objects of the world outside, or at least with his or her own thoughts and ideas.

If we are efficient in meeting our own world – if we have ready dexterity, decisiveness, firm will, balance, equanimity, and right understanding – no situation in life can break or enslave us.

A tragedy seems to be confronting much of the world today. Young people, their heads stuffed with facts and figures, go about in the world weighed down with sorrow and desperation.

I am not one of those who decry science and scientific inventions or the utility and

efficiency of new methods of mechanical production or of modern systems of transport. Certainly, science has discovered means and methods by which the drudgery of life has been almost lifted from our day-to-day existence. The necessities of life, even luxury goods, have been brought within the reach of the lower middle class. Yet there is obviously more unhappiness today than ever before.

The cause certainly cannot be any maladjustment in the outer world or any change in the behaviour or construction of the world. The world of things remains more or less the same; and if there is any change in it, it is only for the better, because the human being with his advanced intellect has learned to tame wild nature. If the cause of our pain is not in the outer world – which we have successfully improved, in which we have harnessed into service even the inert mineral world and have tickled unmanifest energies into manifestation, in which we have pressed every known energy and force to serve as

loyal slaves – then we must inquire for the cause of sorrow in our own inner being.

When we thus enter into the inner world, no true critic of this age can, even for a moment, dare to compliment these times. Deep within ourselves, we have grown more barbarous than the barbarians who lived in the virgin jungles of the newborn world. We have become unconsciously cruel, selfish, and arrogant, and we often behave sadistically and hysterically. We have grown vulgar in our thoughts, low in our values, and shattered in our capacity to tackle our personal lives and its problems.

In short, the age has failed because we have lost our mastery over ourselves. In our preoccupation with conquering nature and subduing her to serve us, we have ignored our own inner monstrosities. We have developed the faculties of seeing with fleshy eyes and engaging all our abilities in setting right the things we have seen. We have left our subtler perceptions undeveloped, and naturally, like a

long-neglected garden, our inner world has grown into a jungle.

We live in the outer world, but prompted from our own within. Our character and personality determine the experiences that we gain in the outer world. Unless we learn to master our inner life, the outer scheme of life, however efficient and perfect, cannot but bring sorrow and unhappiness.

(‘_The cure for mental anguish_’... in the next issue)

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Sangeet Seva - Kum. Hiranmayi Sarangapani



Story of Today

(A story appearing in the Katha Aangan – the Courtyard of Stories in Swanubhooti Vatika at Chinmaya Vibhooti, Kolwan)

This is the story of Today. Today always wanted to become Forever. One day, while walking in a park, Today saw a ghostly figure blocking his path. “Who are you?” Today asked nervously. The image smiled and said “Don’t be afraid Today. I am Yesterday! Like you, I also had a deep desire to become Forever. But alas, now I really don’t matter anymore. You know why?” Because when I was Today, I kept thinking about Yesterdays and Tomorrows, instead of being a hardworking Today. And so, I never became Forever!”

Having said this, Yesterday vanished. Today shouted. “Come back Yesterday! I have many more questions!” Yesterday suddenly reappeared and said, “Don’t spend too much time with me Today! Try to become Forever,

today itself. And remember, Tomorrow is waiting for you somewhere ahead. Don't stray from your path to meet Tomorrow. Stay focused on your destination. Keep Walking. There is no other way of becoming Forever!"
(In Pujya Gurudev's words, Let us not brood over the dead past or worry about the unborn future. Let us live in the vital present.)

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Vishnu Sahasranama Archana on New Year's Eve



Satsang with Vishwa Pramukh
Swami Swaroopananda ji at Powai



हरिमीडे स्तोत्रम् परम पूज्य स्वामी तेजोमयानंद

बुद्धी आत्म्याला का जाणू शकत नाही ?

विज्ञानांशो यस्य सतः शक्त्यधिरूढो
बुद्धिर्बुध्यत्यत्र बहिर्बोध्यपदार्थान् ।
नैवान्तः स्थं बुध्यति तं बोधयितारं
तं संसारध्वान्तविनाशं हरिमीडे ॥३२॥

अर्थ :- जीव म्हणजे सत्-चित्‌रूप आत्माच आहे. तो अंतःकरणात वास करतो व अविद्येच्या शक्तीने युक्त आहे. त्याच्यावर आश्रित राहून बुद्धी सर्व बाह्य दृश्य वस्तूंना जाणते. पण तिला अंतरात्म्याला जाणता येत नाही. संसारांधकाराचा नाश करणाऱ्या श्रीहरिंची मी स्तुती गातो.

दृश्यपदार्थ जाणणारा जीव – जीव हा जणू काही समष्टीचा एक भाग आहे आणि त्याचा समष्टीशी संबंध शाश्वत आहे. पाण्यात पडलेले सूर्याचे प्रतिबिंब जणू काही

सूर्याचाच भाग असते. सूर्य जरी तो लाखो, वेगवेगळ्या तलांवरून प्रतिबिंबित होत असला तरी अभंग व पूर्ण असतो. त्याचप्रमाणे सत्-चित्स्वरूप आत्मा शरीर-मन-बुद्धी यांमध्ये प्रतिबिंबित होतो आणि व्यक्तीशी तादात्म्य पावतो व आपल्या खऱ्या स्वरूपाबाबत अज्ञानी राहतो.

अग्नीतून निघालेली एक ठिणगी तिच्याबरोबर अग्नीचा थोडासा भाग घेऊन जाते. तिच्यात दाहकशक्ती असते. त्याचप्रमाणे प्रत्येक व्यक्ती जाणण्याच्या शक्तीने युक्त असते (चित्शक्ती) - सत् आणि चित्चा अंश. सर्व सजीवांमध्ये मानव विशेषत्वाने आहे कारण त्याच्या बुद्धीमध्ये दोन विशेष शक्ती असतात. एक विवेक करण्याची शक्ती आणि दुसरी निवड करण्याची शक्ती (वरणशक्ती).

आपल्याकडे क्रियाशक्ती, ज्ञानशक्ती आणि इच्छाशक्तीही असतात. परंतु बहुतेकांना कशाची इच्छा करावी तेच समजत नाही, तसेच काय करावे आणि काय करू नये, काय जाणावे आणि काय जाणू नये ते समजत नाही.

मिडासला अशी शक्ती प्राप्त होती की तो ज्याला स्पर्श करेल ते सुवर्ण होईल. यामुळे त्याच्यासमोर मोठी समस्या उभी राहिली कारण तो आपल्या मुलाला जवळ घेऊ शकत नव्हता किंवा अन्न ग्रहण करू शकत नव्हता. श्री रमण महर्षी विचारतात, आत्म्याला न जाणता कोणतेही ज्ञान खरे ज्ञान होऊ शकते का? काही लोक खरोखरीच असामान्य अभ्यास करणारे असतात, तर दुसरे काही फार बुद्धिमान असतात, काही लोक सर्जनशील असतात, तर काहींची स्मरणशक्ती प्रत्येक बारकावा यथावत टिपते, तर काही जणांचे 'सहावे इंद्रिय' अतिशय तत्पर असते. तथापि, सर्व जण मायेच्या अमलाखाली असतात. मायेचा तमोगुण सत्यावर आवरण टाकतो, रजोगुण व्यक्तीला बहिर्गामी बनवतो आणि सत्त्वगुण अंतरामध्ये पाहण्यास व सत्याचा साक्षात्कार करून घेण्यास प्रवृत्त करतो.

अज्ञात आत्मा – प्रकाशाचा झोत खोलीतील सर्व काही प्रकाशित करतो पण बॅटरीतील सेल प्रकाशित करू शकत नाही, कारण त्या सेल्समुळेच बॅटरी प्रकाश देऊ शकते.

याच नियमाने सत्-चित्स्वरूप आत्मा ज्याच्यामुळे बुद्धीला सर्व काही ज्ञात होते ती बुद्धी त्याला जाणू शकत नाही. आत्म्याला जाणण्याचा उपाय एकच आणि तो म्हणजे ज्ञानाच्या सर्व वस्तूंचा, सर्व उपकरणांचा निषेध करणे – ज्ञात्याचा सुद्धा. त्यानंतर जे अवशिष्ट राहते ते म्हणजे साधकाचा आत्मा.

त्या सत्याची – श्रीहरिंची जे कृपावंत होऊन स्वतःच साधकाचा आत्मा म्हणून त्याला साक्षात्कार करवतात व त्याला अज्ञानांधकारापासून मुक्त करतात त्यांची मी स्तुती गातो.

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हरि ओम्

30 जानेवारीला श्री. दुष्यन्त फासे यांना देवाज्ञा झाली. काळाच्या ओघात बरे- वाईट प्रसंग येणे अगदी स्वाभाविक आहे. त्या पैकी काही प्रसंग मनाला चटका लावून जातात. फासे हे चिन्मय मिशन मुलुंड केन्द्राचे वरिष्ठ सेवक. त्यांचा ह्या केन्द्राशी संपर्क आला श्री. बाळासाहेब कुलकर्णी यांच्या अभ्यासवर्गाद्वारे. अतिशय तन्मयतेने श्रवण करणारे, विचार करणारे फासेजी मिशनच्या कार्याला हातभार लावू लागले. त्यांच्या कार्यपद्धतीतून त्यांचे जे जीवनदर्शन घडले ते अगदी अद्भुत होते. कोठलेही काम अगदी चोख, स्थळकाळाच्या चौकटीत, कमी खर्चात, तक्रार न करता मनापासून करणे हा त्यांचा स्वभाव होता. नम्रता, सौजन्यशीलता, प्रामाणिकता, ईश्वरभक्ती, सद्गुरु श्रद्धा, सरळपणा, निरपेक्षता यांचे सुंदर रसायन म्हणजे श्री. दुष्यन्त फासे! त्यांच्या पवित्र स्मृतीस आदरपूर्वक अभिवादन.

॥ओम् तत् सत् ब्रह्मार्पणमस्तु॥

Chinmaya Shreeram is open to devotees for darshan during daily chanting from 5pm and Arati at 6.30 pm.

Chanting schedule (5 to 6 pm):

Monday	Narayaneeyam and Shiva Stotras
Tuesday	Ganapati Atharvasheersham
Wednesday	Ramcharitmanas
Thursday	Vishnu Sahasranaam, Bhagawad Geeta & Guru Stotras
Friday	Lalita Sahasranaam & Devi Stotras
Saturday	Hanuman Chalisa & Hanumat Stotras

6pm to 6.30pm (Daily) – Ram Raksha Stotra, Shri Suktam, etc.

Chinmaya Mission Mulund



Published by Lakshmi Kumar (98205 90472)
for Chinmaya Mission Mulund and
Published from “Chinmaya Shreeram”
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Mumbai – 400080.

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