



"तस्य भासा सर्वमिदं विभाति"

चिन्मय आदेश

Monthly Newsletter of Chinmaya Mission Mulund

त्रयस्त्रिंशत् (XXXIII) स्रोतः

SEPTEMBER - 2026

नवम (IX) रश्मिः





Chinmaya Mission Mulund

CHINMAYA GEETA FEST - 2026



Bhagwad Geeta Chapter - XII

BHAKTI YŌGAḤ
THE YOGA OF DEVOTION

- * INTERNATIONAL GEETA CHANTING FOR CHILDREN
- * GEETA CHANTING FOR ELDERS
- * ESSAY WRITING
- * VIDEO QUIZ (FOR AGE 16 AND ABOVE)

For more details visit:

www.chinmayamissionmulund.com/geeta-chanting-competition

For any queries contact:

Vasantha Balan - 8879717030

Lakshmi Kumar - 9820590472



Chinmaya Mission Mulund

CHINMAYA INTERNATIONAL GEETA CHANTING
COMPETITION FOR CHILDREN - 2026



Bhagwad Geeta Chapter - XII

BHAKTI YŌGAḤ
THE YOGA OF DEVOTION

PRELIMINARY ROUND ON
SUNDAY, 27TH SEPTEMBER 2026

CHANT GEETA



ENCHANT KRISHNA

For more details regarding
Portion, Dates, etc. visit:

www.chinmayamissionmulund.com/geeta-chanting-competition

For any queries contact: Vasantha Balan - 8879717030

Lakshmi Kumar - 9820590472



Chinmaya Mission Mulund
CHINMAYA GEETA CHANTING COMPETITION
FOR ELDERS - 2026



Bhagwad Geeta Chapter - XII
BHAKTI YŌGAḤ
THE YOGA OF DEVOTION

PRELIMINARY ROUND ON
SUNDAY, 20TH SEPTEMBER 2026,
9.30 AM TO 12.30 NOON AT CHINMAYA SHREERAM
CHANT GEETA



ENCHANT KRISHNA

For more details regarding portion, dates, etc. visit:
www.chinmayamissionmulund.com/geeta-chanting-competition

Vasantha Balan - 8879717030
Lakshmi Kumar - 9820590472

Last date of registration for Preliminary round:
15th Sep 2026



Chinmaya Mission Mulund
CHINMAYA GEETA ESSAY COMPETITION



Bhagwad Geeta Chapter - XII

BHAKTI YŌGAḤ
THE YOGA OF DEVOTION

IN
ENGLISH, MARATHI, KANNADA
ON
11th Oct 2026, Sunday, 10.00 am to 11.30 am

Eligibility: Age 16 and above

Registration Fee: Rs. 100 /-

Study Material for the competition will be given free of cost
Guidance on 12th Chapter will be provided to the participants

Last Date of Registration: 4th Oct 2026

Venue: Sri Sri Ravishankar Vidya Mandir, Mulund(W)

For more details contact:

For Marathi, Savita Chakravarti - 77388 20898

For English, Vasantha Balan - 88797 17030

For Kannada, Girija Shetty - 90043 07593



Chinmaya Mission Mulund

VIDEO QUIZ

Bhagwad Geeta Chapter - XII

BHAKTI YŌGAḤ
THE YOGA OF DEVOTION

ON

6th Dec 2026, Sunday, 7.00 pm to 8.30 pm



“ Watch attentively one-hour video of Pujya Gurudev Swami Chinmayananda based on 12th chapter and answer the Questionnaire in English based on the video. ”



Eligibility: Age 16 and above

Registration form fee: Rs. 50 /-

For any queries contact: Vasantha Balan - 8879717030

Lakshmi Kumar - 9820590472

**Venue: Chinmaya Shreeram, Aroto House, First Floor,
P K Road, Mulund(W)**

DEAR GEETA LOVERS

The grand vision behind the Geeta Fest, is that chanting initially introduces one to the world renowned Bhagawad Geeta. Naturally this leads to the study of the text, resulting in the gain of the knowledge revealed therein.

We invite all of you to be a part of the Geeta Fest and request parents and well-wishers to contribute and donate generously towards this noble endeavor.

Sponsorship for 10 Children	Rs. 300 /-
Sponsorship for 25 Children	Rs. 750 /-
Sponsorship for 50 Children	Rs. 1500 /-
Certificate Sponsorship	Rs. 1000 /-
Prize Sponsorship	Rs. 2500 /-

To donate visit:

<https://chinmayamissionmulund.com/geeta-chanting-competition-sponsorship/>

Contact: Smt. Vasantha Balan – 8879717030



CHINMAYA MISSION MULUND

organises



CHINMAYA GARBHA SAMSKARA

A pre-natal course based on the
wisdom of our scriptures

For whom?

For married couples
who are expecting a baby or
planning to have a baby
some time



When?

October 3rd and
4th, 2026
(Saturday & Sunday)
Time: 3 to 5 pm

Where?

Venue: Chinmaya Shreeram, 8, Aroto
House, P.K. Road, Mulund West

**HAPPY PARENTS MAKE HAPPY BABIES AND
HAPPY BABIES MAKE A HAPPY WORLD!**



REGISTRATION
IS COMPULSORY

For details,

contact Lakshmi Kumar on 9820590472

www.chinmayamissionmulund.com



Why should young couples attend the Chinmaya Garbha Samskara Course?



- ➡ Every prospective parent wants a happy and healthy child who will grow up to be a noble human being. Do we know that a lot of that depends on the preparation and mental well-being of the parents?
- ➡ Do we realize that we are essentially divine and so is the child that is going to come into the world?
- ➡ Do we know that the unfoldment of the child starts in the womb itself?
- ➡ Our rich Vedic culture gives us many ways to ensure a safe pregnancy and prepare us for child birth. Are we aware of our precious scriptures and this great tradition and heritage of Bharat?
- ➡ Have we realized the power of prayer?

**To discover all these and more, come, join us in this programme
spanning 2 hours on Saturday & Sunday for making this beautiful
phase of our lives a meaningful and happy journey.**



Scan QR code for quick registration

**ENTRY IS FREE
REGISTRATION IS COMPULSORY**
Visit www.chinmayamissionmulund.com

CHINMAYA
AMRIT MAHOTSAV



One Movement
Beyond Boundaries
Eternally Inspired

An expression of devotion and gratitude that unites thousands across the globe through spiritual and cultural offerings – a once-in-a-generation gathering for three days of reflection, devotion and inspiration.

Highlights

- Chinmaya Amrit **Yatra Conclusion** and Grand commemorative ceremonies
- **Vedic Chanting** by Swamins and Brahmacharins
- **Enlightening Sessions**
- **Chinmaya Amrit Musical**
- Special Programme on '**Non Dualism for World Understanding**'
- Immersive '**Chinmaya Experience**' exhibition – Heritage Artefacts, Digital Storytelling
- Global participation: **India and 25+ Countries**

Register Now : chinmaya75.org/amrit/register



23-25

October
2026

Bharat Mandapam

Pragati Maidan, New Delhi, Delhi 110001



EDITORIAL COLUMN

Harih Om!

Dear Readers,

Starting from where we left in the last issue, Guru Pournima was celebrated with great reverence on Wednesday, 29th July with *Paduka Puja* and *Bhajans* followed by the *Arati* and a special *Satsang* titled ‘*Guru Hi Ishwar*’ in Hindi by Br. Samarth Chaitanya, CM Kharghar. Devotees came in large numbers to offer their gratitude to the Guru Parampara, which is the greatest blessing in our lives.

The Shishu Vihar children celebrated Guru Pournima in their Saturday class on 1st August with *Bhajans*, story of Totakacharya, *Paduka* making, decoration and worship activity etc. On Sunday, 2nd August was the Joint Balavihar Celebration of Guru Pournima at Chinmaya Shreeram, organised entirely by the CHYKs of Mulund. The programme which had a participation of about 80 Balavihar children from Mulund and Bhandup was a great

success. A report on the programme by our CHYK Sreeram Somanathan has been included in this issue.

Close on the heels of Guru Pournima follows the Maha Samadhi Day of Pujya Gurudev Swami Chinmayananda on 3rd August observed as Aradhana Day by the Chinmaya family all over the globe. It is a very significant day for devotees of Chinmaya Mission as it is the day on which our beloved and revered master, a great *Jeevanmukta*, shed his mortal coil to merge with the Infinite and become ever present everywhere to guide and bless us. We, at Chinmaya Mission Mulund, observed the 33rd Maha Samadhi day with *Paduka Puja*, *Bhajans* and a very heart moving talk by our senior member Savita Amma reminiscing the commitment and dedication of Pujya Gurudev in spreading the message of the scriptures throughout the world despite the health challenges He faced and the last few days leading to His Maha Samadhi.

The monthly *Sampoorna Geeta Parayanam* was conducted from 3.30 pm on Sunday, 16th August, followed by the *Arati*. Devotees gathered in large numbers for the *Geeta Parayanam*.

The month of *Shravan* has traditionally been special for *Shiva Aradhana*. True to our tradition, on Monday, 24th August being *Shravan Somvaar*, *Sri Rudra Puja* with *Abhisheka* was performed at Chinmaya Shreeram, which was well attended.

It is a matter of joy and pride that Chinmaya Mission achieved a Guinness World Record for ‘most people chanting online simultaneously’ - (8277 officially recognised) on 9th May, 2026. It was a great grand global offering of the mass chanting of the 15th chapter of the Bhagawad Gita to the Lord and our Guru Parampara.

Preparations are in full swing for the Geeta Chanting Competitions 2026 to start in September for school children and elders. Details have been provided in the

flyers. We invite all, young and old to be a part of this Geeta Fest.

We have scheduled this year's Chinmaya Garbha Samskar sessions on October 3rd and 4th at Chinmaya Shreeram. Chinmaya Garbha Samskar is the newest initiative of Chinmaya Mission to share the precious Vedic wisdom to couples expecting or planning a baby to ensure happy babies through happy parents who will make a happy world. For details, please refer to the flyer appearing in this issue.

It is less than two months to go for the Chinmaya Global Sammelan from October 23rd to 25th at Bharat Mandapam Delhi – a coming together of hearts, seekers and the global Chinmaya family. Those who are yet to register, can do so at <https://chinmaya@75.org/amrit/register>

Lokah Samasthah Sukhino Bhavantu!

Smt. Lakshmi Kumar

Editor - Chinmaya Adesh

Dated 28th August 2026



Guru Pournima Celebrations – Paduka Pooja and Satsang with Br. Samarth Chaitanya ji



Aradhana Day celebration at Chinmaya Shreeram

Joint Balavihar Celebration of Guru Pournima on 2nd August, 2026 conducted by CHYK Mulund

(A report by CHYK Sreeram Somanathan)

The celebration started with a story-telling session on five of our esteemed Gurus from history: Adi Shankaracharya, Pujya Gurudev Swami Chinmayananda, Sri Sri Ravishankar, Uddalaka Aruni and Paanini. This was followed by chanting of 27 names of Pujya Gurudev.

After this, we conducted a team game session called Escape Room: the Guru edition. The children were made into groups. The goal of the game was for the teams to score a minimum number of points to "escape the room" by solving 3 challenges.

1. The first challenge was based on Guru Parampara. We first taught them the Advaita Guru Parampara stotram and then explained its meaning. After that, every team was provided a sheet with the names of Gurus in a jumbled order. They had exactly two minutes to write all the names in the proper order according to the Parampara.

2. The second game was "decoding the message". Every team had been given a quote by Gurudev in a code, along with a hint regarding the code. The first team to crack the code gained maximum points.

3. The third game was 'Value Charades'. Every team was given a value, and they had to enact it in front of everyone, while the other teams guessed.

The event concluded with the announcement of the winners and Shanti Mantra.





An inquiry into peace

H. H. Swami Chinmayananda

(Excerpts from ‘Meditation and Life’ by
Pujya Gurudev Swami Chinmayananda –
Continued from ‘The Hydra Headed Monster’
in the last issue)

Acquiring and spending, we lay waste our powers. Each of us seeks the same goal; we all want unadulterated, unbroken, absolute joy and peace among the sense objects that constitute the world of our waking state. However, sense objects have but a false glitter of joy that soon fades away. And at the loss of joy, the worldly seeker strives on to multiply his capacity for purchasing more of those same fleeting joys.

In this struggle for earning and spending, we are driven from one desire to another by the eternal, universal urge to reach a state of perfection. We become exhausted, dejected, and disappointed amid the uproar of a thousand unsatisfied yearnings. Then one day

we leave our physical sheath – the vehicle for enjoying our waking state. What a cruel end! If peace and joy are the goal of every living being's day-to-day struggles, it is quite natural to ask, "What is peace?" We must realize that the question is not about any physical phenomenon outside, whose analysis might be facilitated by the laboratory experiments and visual and factual representations. The question is a subjective inquiry into a state of satisfaction felt within, experienced by the individual with or without reference to the external circumstances of the visible world.

By peace is meant the mental condition as experienced by the individual, and recognized as such in the absolute sorrowless silence within. Therefore, an inquiry into peace can be conducted only by a person who has achieved some detachment from the outside world and who has learned to look within and observe the happenings of his various mental states.

Self-analysis and introspection are the very beginnings of a philosophical inquiry into self-perfection. This is the perfect means of achieving a true, vital, blissful life. So long as the values respected in life are those of indulgence and feeding of sensual demands, our attention turns outward, and the chaos within is not mended.

We still strive to understand these inner processes. These theories have been the vital experiences of spiritual masters and are indeed facts that have been tested and found to be solid truths by the one behind this pen.

(‘Tracing the Course of One Desire’..... to be continued in the next issue)

-----XXXXX-----

Hari Om

Chinmaya Mission Mulund has officially begun **2 Instagram handles!**

We urge you to quickly **go and follow**

1. Chinmaya Mission Mulund - @chinmaya_mulund
2. CHYK Mulund - @chykmlund



Happiness

(A story appearing in the Katha Aangan – the Courtyard of Stories in Swanubhooti Vatika at Chinmaya Vibhooti, Kolwan)

Once upon a time a King announced a painting competition in his kingdom on the theme of ‘Happiness’. Hundreds of entries were received and finally two paintings were short-listed for the top prize.

The first painting depicted a beautiful cottage set in a lush green meadow with cattle grazing peacefully in the backdrop of snowy ranges. The second depicted a rocky mountain with a wildly falling waterfall. The trees were bent under stormy winds. Everything was in turmoil. On seeing the painting the Queen asked, ‘Why did you shortlist this strange painting?’ The King said, ‘Look closely. There is a little nest behind the waterfall. A family of birds is sitting so calmly in it! Happiness should not be dependent on being in a

peaceful place. True happiness comes from being at peace regardless of the turmoil around you.’ The Queen smiled and said, ‘You are right. Happiness comes to those who have the confidence to surrender everything to the Lord! Like these birds. This painting wins!’

(In Pujya Gurudev’s words, ‘Wisdom is the antidote for all confusions, solace for all fears’)

-----XXXXX-----

Harih Om!

Are you someone, whose head starts moving the moment you hear the beats of

Achyutam Keshavam? 🎵

Or perhaps someone who simply loves music in all its forms?

Either way, **CHYK Mulund** has something for you!

CHYK Groove

🎵 A space to come together,
sing, play, jam and simply enjoy the joy of music! ❤️

WHO CAN JOIN?



Individuals
aged **16 to 30**



Anyone trained in
vocals and/or
musical instruments



And, of course,
anyone with a
love for music!

INTERESTED? GET IN TOUCH WITH:



Jyothika
8652791595



Sreeram
90829 29388

Come jam with us! 🎵



हरिमीडे स्तोत्रम् परम पूज्य स्वामी तेजोमयानंद

बृहदारण्यक उपनिषदातील गार्गी व ऋषी याज्ञवाल्क्य यांच्यामधील विलक्षण संवादाच्या संदर्भात हा श्लोक आहे –

ओतं प्रोतं यत्र च सर्वं गगनान्तं
योऽस्थूलाऽनण्वादिषु सिद्धोऽक्षरसज्जः ।
ज्ञाताऽतोऽन्यो नेत्युपलभ्यो न च वेद्य-
स्तं संसारध्वान्तविनाशं हरिमीडे ॥३९॥

अर्थ :- ते ज्याच्यामध्ये आकाशापर्यंत संपूर्ण जगत ओतप्रोत आहे, जे अक्षर म्हणून ख्यात आहे आणि ज्याचे निर्देशन, 'ना स्थूल', 'ना सूक्ष्म' इत्यादींद्वारे केले जाते, 'ज्या'च्या व्यतिरिक्त दुसरा ज्ञाता नाही, ज्याचा साक्षात्कार 'हे नाही', 'हे नाही' या प्रक्रियेने केला जातो, पण तो वस्तुरूपाने जाणला जात नाही त्या संसारांधकाराचा नाश करणाऱ्या श्रीहरिंची मी स्तुती गातो.

कथा - एकदा राजा जनक यांच्या राजसभेत शास्त्रार्थ चालू होता. ऋषी याज्ञवल्क्य यांनी वेगवेगळ्या विद्वानांच्या आणि साधकांच्या अनेक प्रश्नांना उत्तरे दिली होती. त्यानंतर ऋषी वाचक्नु यांची कन्या गार्गी हिने अनेक प्रश्न विचारले जे व्यक्त जगाच्या कारणासंबंधित होते. तिला सांगण्यात आले, “उगाच जास्त प्रश्न विचारू नकोस. तुझे डोके अकारण शिणवू नकोस. तू त्या दिव्यत्वाबद्दल खूप प्रश्न विचारत आहेस ज्याच्याबद्दल प्रश्न विचारता कामा नये.” त्यानंतर ती तिच्या उत्तरावर मनन करण्यासाठी एकांतात गेली. तिच्या लक्षात आले की व्यक्तीची बुद्धी मर्यादित आहे. विश्वाचे कारण जाणून घेण्यासाठी तिला विसर्जित व्हावे लागेल. दिव्यत्वाच्या बाबतीत कुठल्याही निर्णयाप्रत येण्यासाठी तर्क प्रमाण फार अपुरे व चंचल आहे.

आपले धैर्य एकवटून गार्गीने तेथे जमलेल्या समाजाकडून याज्ञवल्क्य ऋषींना दोन प्रश्न विचारण्याची अनुमती मागितली. ऋषींनी त्या प्रश्नांची उत्तरे समाधानकारक

दिली. तेव्हा गार्गीने सर्व उपस्थितांसमोर जाहीर केले की कोणत्याही काळी, ऋषी याज्ञवाल्क्य यांना कधीही, कुणीही शास्त्रार्थात हरवू शकणार नाही आणि ते सर्वांकडून वंद्य आहेत.

हा प्रसंग असे दाखवून देतो की, वैदिक काळातही भारतामध्ये अनेक स्त्रिया विदुषी होत्या. त्यांना खूप सन्मान मिळत असे व राजा जनक यांच्यासारख्या महान राजांच्या सभांमध्ये शास्त्रार्थ करण्यासाठी त्यांना आमंत्रित केले जात असे. आपल्या ज्ञानप्राप्तीच्या पिपासेसाठी गार्गीला कोणीही प्रतिबंध घालू शकत नव्हते. ‘तुझे डोके शिणवू नकोस’ असे सांगितल्यानंतर सुद्धा ती तेथून निघून गेली नाही. तिने मनन केले व जोपर्यंत सत्य जाणले नाही तोपर्यंत विचारणा करीत राहिली. तिच्या जागी दुसरी कोणी स्त्री असती तर तिला राजासमोर आणि महान विद्वानांच्या सभेमध्ये पुन्हा उभे राहण्याचे धैर्यही झाले नसते.

दोन प्रश्न – गार्गीचा पहिला प्रश्न आधी विचारलेल्या

प्रश्नाच्या जवळचाच होता. तिने तो विचारला कारण मागच्या वेळी तिला त्या प्रश्नाचे उत्तर मिळाले नव्हते. तथापि, तिला जे जाणून घ्यायचे होते ते तर्क आणि बुद्धी यांच्या अतीत असल्याचे तिच्या लक्षात आले होते. आता तिने शास्त्र प्रामाण्याच्या आधारे आपला प्रश्न प्रस्तुत केला होता, “वस्त्रातील धाग्यांच्या विणीप्रमाणे स्वर्ग, पृथ्वी आणि अंतरिक्ष यांना व्यापणारे काय आहे आणि कोणते धर्मग्रंथ सांगतात की, ते भूतकाळ, वर्तमानकाळ व भविष्यकाळ यांना व्यापते?” ऋषींनी उत्तर दिले, “तो’ अव्यक्त ईश्वर (येथे त्याला आकाश असे म्हटले आहे) आहे. ‘तो’ सर्वाला व्यापून आहे आणि व्यक्त जगताचे कारण आहे.”

त्यानंतर गार्गीने विचारले, “अव्यक्ताचे (ईश्वर किंवा आकाश) कारण काय आहे?” हा प्रश्न दिसतो तसा सरळ नाही. अंतिम कारण किंवा कारणरहित कारण हे शब्दांच्या किंवा मनाच्या अतीत आहे. जर ऋषींनी सत्याबद्दल काही सांगितले असते तर ते तर्कदृष्ट्या

विरोधात्मक झाले असते (विप्रतिपत्ति दोष) आला असता आणि जर त्यांनी उत्तर दिले नसते तर ते अज्ञानाचा स्वीकार केल्यासारखे झाले असते (अप्रतिपत्ति दोष). गार्गीने उत्तर शास्त्रानुसार विचारलेले असल्यामुळे ऋषी याज्ञवल्क्य यांनी यथार्थाने प्रश्नाचे उत्तर दिले. ते म्हणाले, साक्षात्कारी महात्मे आणि शास्त्र सत्यासंबंधी पुढीलप्रमाणे सांगतात -

निर्णायक उत्तर - “हे गार्गी, साक्षात्कारी महात्मे आणि शास्त्र (ब्राह्मण विभाग) त्याचे वर्णन अक्षर असे करतात. ते ना स्थूल ना सूक्ष्म, ना आखूड ना लांब, ना लाल, ना चिकट, ना घट्ट, ना सावली ना अंधार, ना वायू ना आकाश. ते अनासक्त आहे. त्याला चव नाही, गंध नाही, नेत्र, कान, वाणी, मन, प्रकाश, श्वास, मुख, सीमा, आत किंवा बाहेर आहेत. ते कोणाचाही नाश करीत नाही आणि त्याचा कोणीही नाश करू शकत नाही.

लोक एका ब्राह्मणाला ब्राह्मण कुळात जन्मलेला किंवा ब्राह्मणाचा व्यवसाय (कर्म) करणारा किंवा विचारक वर्ग

आणि मुख्यतः सात्विक गुणांनी युक्त असलेला पुरुष असे समजतात. परंतु येथे ऋषी याज्ञवल्क्य साक्षात्कारी महात्म्याला खरा ब्राह्मण मानतात. “जो कोणी माणूस त्या अक्षरतत्त्वाला जाणल्याशिवायच हे जग सोडून जातो तो खरोखरच कृपण आहे आणि जो त्या सत्याला जाणतो तो ब्राह्मण आहे,” अशा शब्दांत ते त्यांच्या उत्तराचा समारोप करतात आणि सत्य प्रमाणित करतात.

मन नेहमी विरोधात्मक विचार करीत असते. आपल्याला जेव्हा सांगण्यात येते की, अमूक एक व्यक्ती उंच नाही तेव्हा आपण त्याचा अर्थ, तो बुटका आहे, असा लावतो. जेव्हा आपल्याला सांगण्यात येते की एखादी व्यक्ती उंचही नाही आणि बुटकीही नाही तेव्हा आपण त्याचा अर्थ मध्यम उंचीचा असा लावतो आणि जेव्हा आपल्याला सांगितले जाते की कोणी व्यक्ती उंचही नाही, बुटकीही नाही आणि मध्यम उंचीचीही नाही तेव्हा आपली बुद्धी स्तब्ध होऊन जाते आणि आपण त्या व्यक्तीच्या उंचीसंबंधी कोणतेही अंदाज बांधू शकत नाही.

त्याचप्रमाणे सत्याचे निर्देशन सर्व द्वंद्वांचे निराकरण करून, तसेच अन्य कुठल्याही कल्पनेचे निराकरण करून केले जाते तेव्हाच सर्व काही तेच असल्यामुळे सत्य सर्वांना व्यापून आहे असे प्रतिपादित होते.

तेच सर्व असल्याने सत्य सर्वाला व्यापून आहे. याचा अर्थ वस्त्रामधील धागा, कंठमाळेतील दोरा याप्रमाणे ते सर्वांना आधार देते. ते जगतातील सर्व क्षर वस्तूतील अक्षर सत्य आहे. ते काळच्या बंधनात नसल्यामुळे अविनाशी आहे आणि स्थलाच्या बंधनात नसल्यामुळे ते सर्वव्यापी आहे. हे सत्य ज्ञाता नाही, ज्ञेय नाही. ते ज्ञाताचे ज्ञेय न होता नेति, नेति या पद्धतीने जाणता येते.

तू ते आहेस –

- जेव्हा सत्याचा साक्षात्कार करून घेतला जातो तेव्हा आपल्याला जाणवते की, ‘मी ज्याचा शोध घेत होतो तेच मी आहे.’
- ज्याला आनंदाचा अनुभव घ्यायचा असतो तो जाणतो, ‘आनंदाचा स्त्रोत मीच आहे.’

- ज्याला मोक्ष हवा असतो तो जाणतो, 'मी नित्य मुक्त आहे.'
- 'ज्याला उपभोग हवा असतो तो जाणतो,' सर्व आनंददायी वस्तूंमधील आनंद मी आहे.
- जो भीतियुक्त असतो तो जाणतो. 'मला भयाचे काहीही कारण नाही, कारण मी निर्द्वंद्व आहे.'

मी ज्याचा शोध घेतो ते सत्य असलेल्या श्रीहरिंची मी स्तुती गातो. मला अविनाशी आत्म्याचा साक्षात्कार होवो अशी त्यांची प्रार्थना करतो.

-----XXXXX-----



Shravan Somvaar, Sri Rudra Puja with Abhisheka

Chinmaya Shreeram is open to devotees for darshan during daily chanting from 5pm and Arati at 6.30 pm.

Chanting schedule (5 to 6 pm):

Monday	Narayaneeyam and Shiva Stotras
Tuesday	Ganapati Atharvasheersham
Wednesday	Ramcharitmanas
Thursday	Vishnu Sahasranaam, Bhagawad Geeta & Guru Stotras
Friday	Lalita Sahasranaam & Devi Stotras
Saturday	Hanuman Chalisa & Hanumat Stotras

6pm to 6.30pm (Daily) – Ram Raksha Stotra, Shri Suktam, etc.

Chinmaya Mission Mulund



Published by Lakshmi Kumar (98205 90472)
for Chinmaya Mission Mulund and
Published from “Chinmaya Shreeram”
8, Aroto House, P. K. Road, Mulund (W),
Mumbai – 400080.

Email : info@chinmayamissionmulund.com

Tel.: 2567 1381  +91 22 2567 1381

 **YouTube** Chinmaya Mission Mulund

www.chinmayamissionmulund.com